



SARANSH'25

NATIONAL SERVICE SCHEME
SRI AUROBINDO COLLEGE



ONCE IN NSS ALWAYS IN NSS



EDITORIAL BOARD

This magazine stands as a reflection of the dedication and hard work poured in by our editorial board. Their tireless efforts ensured that the essence of every project was captured with authenticity, and every initiative was presented with the same passion and energy our volunteers bring to the ground. Without them, the voices, efforts, and spirit of our NSS volunteers would have remained unheard. Their contribution truly deserves every bit of appreciation and applause.



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2024-2025

THE TEAM THAT SERVED

**SRI AUROBINDO COLLEGE (MORNING),
DELHI UNIVERSITY
SHIVALIK COLONY, MALVIYA NAGAR, NEW DELHI-
110017**

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PRINCIPAL'S DESK

It is a matter of great pride to see the vibrant and committed spirit of the National Service Scheme (NSS) at Sri Aurobindo College. NSS reflects the soul of our institution—a blend of learning, leadership, and service to the community. Our students, through their dedication, social initiatives, and awareness drives, are not only serving society but also discovering the deeper meaning of education.

It is a matter of great pride to see the vibrant and committed spirit of the National Service Scheme (NSS) at Sri Aurobindo College. NSS reflects the soul of our institution—a blend of learning, leadership, and service to the community. Our students, through their dedication, social initiatives, and awareness drives, are not only serving society but also discovering the deeper meaning of education.

In today's fast-changing world, the values of empathy, compassion, and responsibility are more important than ever. The work done by our NSS volunteers whether it's spreading environmental awareness, supporting education, or organizing health and cleanliness drives plays a crucial role in creating socially aware citizens.

I truly believe that education becomes meaningful when it is used for the betterment of others. The experiences gained through such selfless service help develop character, resilience, and a strong moral compass. These are the qualities that will guide you far beyond the walls of this college.

I congratulate the entire NSS team students and faculty coordinators for their tireless efforts and impactful work. Keep serving with passion and purpose. Your actions today are shaping a better tomorrow.

Wishing you all continued success in your journey of service and self-growth.



PRINCIPAL
PROF. ARUN CHAUDHARY

PROGRAMME OFFICER'S DESK

The NSS team at Sri Aurobindo College is creating a meaningful impact on society through its wide array of dynamic initiatives. Living the motto "Not Me But You," our volunteers truly embody the spirit of selfless service, building a stronger and more aware community around them.

What truly sets this unit apart is not just the number of initiatives, but the heart and creativity poured into each one. From spreading awareness about addiction through Action on Addiction, to teaching underprivileged children through Kilkari, from encouraging sustainable living under Vasundhara, to empowering women through Savior, supporting specially-abled students through Sahyog, and promoting mental well-being with We Heal—the team has touched nearly every facet of social welfare with energy and empathy.



**PROGRAMME OFFICER
PROF. SUBHANJALI CHOPRA**

Together, we've successfully conducted over 100 impactful events, each echoing the voice of youth, change, inclusion, and community development. Whether it was raising awareness on the Union Budget through Yuva Budget Talk, visiting old-age homes and listening to stories that stayed with us, or reconnecting with nature during the Yamuna Cleanliness Drive—each activity became a lesson in humanity.

We've walked into gaushalas to understand compassion beyond words, organized blood donation drives to give the gift of life, and distributed meals to those in need—carrying forward the true spirit of seva. These efforts weren't just executed—they were celebrated, with unmatched zeal.

As the Programme Officer, I've seen this team navigate challenges, experiment with formats, and bring raw, unfiltered dedication to everything they do. From street plays to DIY eco-projects, formal sessions to silly-yet-sincere captions, this team knows how to blend purpose with personality.

To every volunteer who stayed back after classes to brainstorm, rehearse, guide juniors, or just showed up to support—thank you. You've made NSS not just a unit, but a community.

Here's to continuing this journey of learning, leading, and lighting the way forward. Together, we can create a kinder, greener, and more inclusive world—one initiative at a time.

FACULTY TESTIMONIAL



**AOA COORDINATOR
MS. SONIA**

Throughout this journey, one of the most beautiful parts was watching our students grow—not just academically, but as individuals. We introduced them to the basics of computers, encouraged their creativity through eco-friendly activities like making rakhis and cloth bags, and witnessed their enthusiasm as they embraced every challenge with open hearts. These children were always eager to learn and contribute, especially when it came to protecting the environment. We ensured they had access to essential stationery so that nothing would come in the way of their learning. But our impact didn't stop at our Pathshala—our goal was to reach the wider community. We extended our efforts to NGOs and government schools, conducting awareness sessions on hygiene and teaching the most feared subject—Maths—through engaging and fun tricks. Each interaction, every small change, reminded me why this role mattered so much. It wasn't just about teaching—it was about empowering, uplifting, and creating lasting change.

Serving as the Project Coordinator of the National Service Scheme, Project Action on Addiction has been an incredibly fulfilling and eye-opening experience. Over the past year, we have organized a variety of impactful events to raise awareness about addiction and promote healthier lifestyle choices among students. The team has done tremendous work in addressing such daunting issues; confronting these inner battles has never been easy. Nevertheless, the project has unshackled the youth from such imperfect urges.

Highlights include Addiction Detective, a charades-inspired activity that made learning about harmful habits engaging and reflective; Sankalp, where students pledged to live addiction-free lives and created a symbolic handprint wall; and the Little Chef contest, which encouraged healthy, fireless cooking.

We also addressed social media dependency through a Digital Workshop featuring skits and discussions with Kilkari students and screened Shattered, a short film that powerfully depicted the emotional toll of addiction, sparking meaningful conversations.

Each initiative, irrespective of scale, has assured vital contribution to a greater mission of spreading not just awareness but also fostering a change in the bigger picture. This journey has shaped me as a leader and reinforced the value of empathy, creativity, and collaboration. I'm deeply grateful to have been part of this transformative project of our renowned society.



**KILKARI COORDINATOR
MS. PRIYANKA BEDI**

FACULTY TESTIMONIAL



SEHYOG COORDINATOR
MS.SONIA LOHIA

As a member of NSS since 2021 ,my experience as a Teacher coordinator has been both enriching and transformative.

My role has been to inspire, guide, and support the students ensuring that every activity aligns with the core NSS motto: 'Not Me, But You.'

Highlights of our project Sehyog include Braille Beacon, an awareness event dedicated to empower visually impaired individuals in their daily lives ; Beyond letters : The power of Dyslexia; Festive flare which combined creativity and environmental responsibility ; and One Day Fest : Samanvay filled with joy and celebration of unique talents of specially abled individuals.

Over the years, I've had the privilege to mentor and guide students in various social outreach programs, fostering in them a deep sense of civic responsibility and leadership.

Being the coordinator of Project We Heal under NSS has been an immensely fulfilling experience for me. Over the course of this tenure, we have witnessed the dedication and sensitivity with which the team has addressed the issue of mental health—an area that is often overlooked but deeply significant. It has been heartening to see how the team has grown, both in vision and execution, while staying true to the core values of empathy, awareness, and service.

Under the able leadership of Project Head Aisha, along with Co-head Saloni and Executive Sohan Kaurav, the project has organized meaningful and successful events, not only within our college campus but also beyond its boundaries. These initiatives have created safe, supportive platforms for students to express, learn, and heal—something that aligns beautifully with the spirit of NSS and the growing need for mental health awareness in our society.

We are proud to have been part of this journey and to have guided such a committed and thoughtful team. Their work has not only left a positive impact but has also set a benchmark for future volunteers. We truly believe that We Heal will continue to inspire change and foster well-being wherever it goes .



WE - HEAL COORDINATOR
DR.KAPIL GARG

FACULTY TESTIMONIAL



VASUNDHARA COORDINATOR
MS. AAKRITI SAINI

It has been an immensely fulfilling experience to be associated with Project Vasundhara over the course of this tenure. As a teacher coordinator, I have had the privilege of witnessing the unwavering dedication and enthusiasm of the volunteers who have worked tirelessly to promote environmental consciousness and sustainable living. From awareness campaigns to hands-on initiatives like plantation drives and waste management efforts, each activity has reflected the project's commitment to real, on-ground change.

What has stood out most to me is the sense of ownership and responsibility displayed by the team. Project Head, Vasundhara has grown not just in scale but in impact—reaching out to communities and fellow students with initiatives that resonate. It gives me immense pride to see young minds so deeply engaged in preserving the planet and creating awareness around urgent ecological issues.

I envision Project Vasundhara continuing to evolve as a beacon of sustainability within our institution. The seeds that have been sown this year—both literally and metaphorically—will undoubtedly bear fruit in the form of a more informed, responsible, and active generation of changemakers.

As the Project Coordinator, I had the honor of witnessing the fire, the struggles, and the victories of our movement from up close. From organizing self-defense training programs, personal hygiene workshops, to facilitating essential medicinal requirements – every step taken was a testament to the resilience of the women we served, and the dedication of our team.

As I pen down this journal entry, my heart swells with a mix of pride, nostalgia, and hope. Project Saviour began as a vision – a bold step towards uplifting and empowering women from all walks of life. Today, that vision stands tall, having touched countless lives and kindled the flame of change in corners we once only dreamed of reaching.

Today, as I write this, I know that Project Saviour is more than just a project – it's a legacy. A legacy of innovation, unity, and transformation. And none of it would have been possible without the unwavering leadership of Pooja Mishra, the compassionate drive of Shreya Sarkar, and the dependable support of Manish.

As this chapter closes, I carry with me stories that will never fade, lessons that will always guide, and hope that will forever shine.



SAVIOUR COORDINATOR
MR. DINESH MEENA

ABOUT NSS

In a world that often feels divided between classroom theories and ground realities, the National Service Scheme (NSS) stands as a powerful bridge, connecting the energy of youth with the heartbeat of society. Launched by the Government of India, this flagship program goes beyond textbooks and exams, offering students from schools, colleges, and universities a chance to engage in something far deeper: real, meaningful community service.

For those who've been part of NSS, it's not just another line on a resume. It's a journey. A movement. An eye-opening experience that pulls students out of their comfort zones and places them face-to-face with the very pulse of the nation.

Whether it's cleaning up local neighborhoods, running awareness drives on crucial issues, promoting literacy, or planting trees for a greener tomorrow. NSS volunteers roll up their sleeves and get involved. And in doing so, they don't just help others—they discover themselves.

What sets NSS apart is its quiet power to transform. You see it when a shy student finds her voice leading a health awareness rally. When a group of college friends turns into a team working in perfect sync. Or when a young volunteer sees the impact of a small effort and realizes the potential they hold to change the world around them.

Through these hands-on experiences, NSS subtly weaves lessons that no lecture can deliver—discipline, empathy, leadership, and civic responsibility. It crafts not just well-rounded students, but future leaders who are grounded, aware, and driven by a sense of purpose.

At its heart, NSS isn't about just serving the community. It's about understanding it. Walking alongside it. And most importantly, realizing that change doesn't always come from the top—it often begins with a young mind willing to act.

A large collage of numerous small photographs showing students in blue and white uniforms participating in various activities, posing for group photos, and smiling. The photos are arranged in a dense, overlapping grid pattern. The images capture moments of group bonding, individual portraits, and students in traditional Indian attire. Some photos show students in blue uniforms, while others show them in white or traditional dresses. The background of the collage is a dark, textured pattern.

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A YEAR IN FRAMES



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ANNUAL OVERVIEW

JOURNEY SO FAR

The National Service Scheme (NSS) at Sri Aurobindo College continues to stand as a symbol of compassion, action, and youth-led change. This tenure has been a beautiful blend of hard work, challenges, and moments of pride shaped by a team of selfless volunteers who gave their time, energy, and heart to every initiative.

The projects of NSS are the pulse of the society, working tirelessly at the ground level to bring ideas to life. They were the ones who made abstract thoughts become a reality whether it was organizing impactful campaigns, reaching out to communities, or creating a difference on the field. Each project worked passionately towards its goal, ensuring that their actions created lasting change.

The departments served as the backbone and support system of NSS, working 24/7 to ensure everything ran smoothly. From creating engaging content, spreading awareness through photography and social media, to managing technical logistics these departments were the unseen hands that helped turn every vision into an impact. Their dedication and seamless collaboration ensured that every effort reached its fullest potential.

For the volunteers, this journey has been one of intense learning, growth, and sometimes exhaustion. There were times when they worked relentlessly, from early mornings to late nights. A key moment that stood out was during Unnati, where the entire team pushed their limits, working around the clock to make the event a success. Even when exhaustion set in, the shared passion for the cause kept everyone going. The sleepless nights, the challenges, the moments when it felt like giving up it was all worth it when the impact of the work was seen and appreciated.

Each volunteer left their mark not just in the work they did, but in the way they learned to collaborate, lead, and grow as individuals. This tenure wasn't just about the external change that was created; it was about the internal transformation every volunteer experienced. They walked away with stronger voices, broader perspectives, and deeper empathy for the communities they served.

As this tenure concludes, it leaves behind a legacy of effort, unity, and heart and the belief that NSS will continue to thrive on the strength of those who serve, even when no one is watching.

THE CORE



2024-2025

THE PILLARS OF NSS

SHREYA PURI - PRESIDENT

RAKSHIT NIRWAL - VICE-PRESIDENT

DEEPAK KUMAR SINGH - SECRETARY

KHUSHANT - TREASURER

SIMRAN PAL - PROJECT COORDINATOR

PRESIDENT'S INSIGHTS

This year wasn't perfect. It wasn't always peaceful. It wasn't even easy. But it was mine and it was honest.

Being the President of NSS was never just about the title. It was about listening when people spoke, even if they were angry. It was about managing chaos and still making sure that the banners weren't crooked. It was about being available — for doubts, for disappointments, for decisions. And somehow, also for decoration tape emergencies.

I've been criticized sometimes softly, sometimes loudly, sometimes fairly, and sometimes, not so much. But every word, every raised eyebrow, every unspoken expectation I took it in. Not as hate, but as hidden advice. As a chance to grow. Not everyone will understand how much goes into leadership, and that's okay. I didn't take the post for claps. I took it because I believed we could do something real here. But I've also been loved. So deeply and sincerely that it almost makes you forget the tough days. I've been respected by people who never had to, but did anyway. And that matters more than anything else.

To the teachers who trusted me, even when I messed up, thank you. You gave us space to try, to fall, and to rise again. To the volunteers who joined hands without asking questions, who said "yes" before I finished the sentence, you made this society breathe. To every post holder, you carried weight when I couldn't anymore. Whether it was behind the stage or at the front of it, you stood up.

To the team the unsung artists you gave color to our chaos
And to those who stood by silently, who didn't need a role or a title, but were always there, thank you. Sometimes presence speaks louder than leadership.
This journey wasn't just about organizing events. It was about organizing emotions mine and others'. It taught me when to speak and when to just listen. When to stand up, and when to step back. NSS didn't just give me a stage it gave me perspective.

I've learned to fight not just for plans and posters, but for people. I've learned to surrender not as defeat, but as wisdom. I've learned that being a leader doesn't mean being liked by everyone. It means doing what's right, even when it's lonely. And above all, I've learned that service is not about being remembered. It's about making something worth remembering. This wasn't a perfect year. But it was the most real one I've lived. And for that, I am grateful to every person who was part of it. Even the critics. Even the chaos. Especially the chaos.

SHREYA PURI
(President)



VICE-PRESIDENT'S INSIGHTS

My journey with the National Service Scheme began humbly as a volunteer, driven by a desire to give back to society. Over time, I had the privilege of becoming the VO Head of Sehyog, where I had the heartfelt opportunity to work closely with specially-abled students. This phase deeply touched me and helped me understand the true meaning of service. Eventually, I was honored to serve as the Vice President of our dynamic and passionate NSS unit—an experience that stands as one of the most transformative chapters of my life.

NSS has been a platform that not only gave me countless opportunities to work at the grassroots level but also continuously pushed me to grow as a leader, a team player, and a socially conscious individual. From organizing large-scale initiatives to solving challenges in real-time, I learned to lead with empathy, inclusivity, and determination.

Witnessing the growth of each project from the Yamuna Clean-Up Drive, Cloth Distribution Drive, Gaushala Daan, to Old Age Home visits—and seeing the transformation it brought in our volunteers and the communities we served, filled me with immense pride. Every event taught me something new, every experience added a new dimension to my personality.

My core aim throughout this journey was to ensure that no volunteer ever felt left behind. I strived to create a space that was welcoming, empowering, and filled with opportunities for all to contribute meaningfully. We celebrated the small victories, stood strong through challenges, and built a family rooted in the spirit of selfless service.

NSS has not only shaped my leadership but also redefined my understanding of community, responsibility, and personal growth. It truly is the best platform to learn from the grassroots, to discover one's potential, and to make a real impact. I'll always be grateful for this journey, the lessons it taught me, and the people who walked alongside me.

Thank you, NSS, for giving me the opportunity to serve and to grow.

Rakshit Nirwal
(Vice President)



SECRETARY'S INSIGHTS

Joining NSS as a volunteer and now serving as Secretary has been a journey full of ups and downs, much like a roller coaster ride. When I first joined, I had one dream: to see myself in the position of Secretary, inspired by the Secretary of 2023-24, Deepak. I even made a diary to keep track of all the events, but my laziness—something my core members know all too well—prevented me from following through.

As Secretary, I have gained many qualities that will benefit my future. More importantly, I have acquired something truly special: friends and memories. The friendships I have formed in NSS are sure to last a lifetime, and the memories we've created together are invaluable.

During my time in NSS, I was involved with Project Sehyog, which focuses on supporting specially abled students both inside and outside the college campus. This project taught me about the challenges faced by these students and how they overcome them. Interestingly, Shreya and Rakshit, who were the Head and Co-Head of this project, are now the President and Vice President of NSS.

There seems to be a certain magic about NSS that keeps you connected in one way or another. Even when I was busy with other responsibilities, not a single day went by without me thinking about NSS—whether it was for ideas for a digital diary or brainstorming new and interesting events.

If you treat NSS merely as a society, it may feel overwhelming. However, if you embrace it as a part of your life, it will provide you with experiences that you will never forget.

At last, I would like to say: NSS, you are great!

Deepak Kumar Singh
Secretary



TREASURER'S INSIGHTS

I remember one of the most precious and fulfilling experiences of my college life where I served as the Treasurer of the National Service Scheme (NSS) at Sri Aurobindo College. It was the role that enabled me to mix the financial management side of my interest with my passion for social service, and it was a great ride that was a lot more than spreadsheets and receipts.

My job as Treasurer was to make sure that all the financial issues of our NSS unit were handled in a transparent way, efficiently, and by the guidelines of the institution and the government. Everything from planning budgets on community outreach programs to making sure that the reimbursements to the volunteers are made on time needed precision, accountability, and integrity. From the funds arranged to make the drives for cleanliness, health camps, awareness campaigns to our main events like blood donation drives and plantation programmes, I ensured every rupee was spent thoughtfully and the expenditure was duly recorded.

One of the hardest things was trying to be efficient with limited money and still make as much impact as possible. Oftentimes, social initiatives are based on creative problem-solving, and working with tight budgets made me think out of the box – I would seek sponsorships, work with vendors for better prices, and collaborate with other societies or local organizations. These experiences sharpened my financial acumen and reinforced my negotiation and interpersonal skills.

I had a simple but good tracking system to achieve transparency in all transactions. It became a habit and even a pride to maintain clear financial records, submit timely reports to the NSS Program Officer, and ensure compliance with college protocols. This helped build trust between the team and volunteers, and I am glad to say the audit processes during my tenure were smooth and commendable.

Managing finances for impactful events like Rang Sangam at Nehru Park and Zen & Fun at Bansera Park taught me how important it is to budget for joyful learning. Children's Delight, Green Tales of History, and Clean Quest further augmented my sense of purpose. I ensured transparency in Shiksha Shubharambh, The Red Alert, and Maths Magic initiatives. Green Udaan, Nature's Art Gala, Food and Cloth Donation Drives, and the Vedanta Marathon taught me the true value of financial stewardship.

Aside from managing the finances, this role allowed me to witness firsthand how NSS transforms lives. Working with dedicated volunteers helped me understand the essence of teamwork and servant leadership.

Serving as NSS Treasurer enhanced my skills and responsibility toward society. It's been a journey of transformation, and I feel fortunate to have contributed to the NSS vision—"Not Me, But You."

Khushant
Treasurer



PROJECT CO-ORDINATOR'S INSIGHTS

Many a tons pleasure being part of National Service Scheme as the Project Coordinator ,I ,Simran heartily thanks to my previous core team who have observed my potential and given me opportunity to perform my NSS responsibilities for the session 2024-25.It has been my first experience in this journey to prove myself and with this I have inculcated a lot of qualities to be best version of myself.

NSS is my first society in the college who has given me a platform through which I have consistently demonstrated a strong work ethic, attention to detail and excellent communication skills,which have been instrumental in ensuring the sucess of our projects.I have been the Volunteer of the month & the Volunteer of the year in the first year of my NSS tenure.My first tenure was my unwavering experience which have been instrumental in ensuring my incredible journey.

My second tenure in NSS is a great experience as I have been a part of its core team and served as a Project coordinator. It has been a thrilling opportunity which enhanced me as a person. As a Project Coordinator, my journey has been a dynamic and rewarding in experience. I've bagged many opportunities to work on diverse successful projects.

At last but not the least, NSS will always be as a part and parcel in my heart forever.

Thankyou!! ...Happy Reading

Simran Pal
Project coordinator



PULSE OF NSS



The NSS unit of Sri Aurobindo College is driven by six core projects: AOA, Kilkari, Saviour, Sehyog, Vasundhara, and WeHeal. Each project focuses on a distinct social cause, yet all share a commitment to service, awareness, and positive change.

AOA (Action on Addiction) raises awareness about various forms of addiction, offering workshops and outreach programs to educate individuals about prevention and early intervention.

Kilkari focuses on the education and development of underprivileged children, providing a nurturing space for learning and growth through teaching sessions and creative activities.

Saviour empowers women by organizing self-defense classes, seminars, and pad donation drives, promoting gender equality and creating a safer, more confident community for women.

Sehyog supports specially-abled individuals, especially students, by assisting with academic tasks and promoting inclusivity, ensuring that physical or learning barriers do not hinder success.

Vasundhara leads environmental action through plantation drives, waste management, and sustainability initiatives, encouraging individuals to reconnect with nature and take responsibility for the planet.

WeHeal advocates for mental health by opening conversations around emotional well-being, offering support, and creating a space for healing and self-care.

Together, these projects form the foundation of NSS's impact, embodying selfless service, collective action, and the belief that small efforts can create meaningful change.

PROJECT ACTION ON ADDICTION

Action on Addiction is a project of our esteemed National Service Scheme society, The project is known for carrying out various successful events in the past and it still looks forward to smelling out different types of addictions and getting rid of them for the welfare of the public throughout the year. Led by a committed administrative team for session 2024-2025 comprising project Coordinator Prof. Sonia Rexwal, Project head Jatin Kumar with the support of Co-head Kanishka and Executive Aastha Chawla. In their guidance the project carried out several events which always hit the bullseye whenever it was a matter of defeating noxious addictions, and putting the rising chances of an addiction to an end right away. The project had 11 volunteers who committed their energy to extinguish behavioral and substance compulsions.

The project has carried out events like "Little Chef" "Digital Workshop about social media addiction", "Break The Habit", "Sankalp", "Shopaholic" "Drawing and Essay Competition", "Addiction Detective", and "Breaking Free". Not just the name of events but even the conversations and approaches adopted to explain how numerous addictions wrap one have been just as clever, In every event the project has ensured that it had a practical approach to help every affected person realize and learn how these aren't just some repetitive practices which they do regularly but these are uncontrollable urges which are stinging them in their routine of life. Whenever dangers of addictions are mentioned our minds straight up jump on directly drugs, tobacco abuse or even alcohol consumption, but our project team would say otherwise, they have not just focused on rescuing the affected individuals from the terrors of such substance-related addictions but also on behavioral or psychological patterns of humans.

The team believes eradication of any such enslavement begins by identifying the root cause, the usual pattern is relying on a compulsion when some negative feeling is triggered it could either be a result of stress or feelings like disappointment anxiety, or worrisome circumstances, or as simple as being in an undesired monotonous idle state. The team has laid down key points that the affected individuals can consider a focal point to demolish these unwanted compulsions or addictions, these key points involve everything demanding from detoxification to withdrawal, this journey is certainly not an easy one but the efforts of the project assuredly are leaving an unquestionable victorious impact

HEAD'S TESTIMONIALS

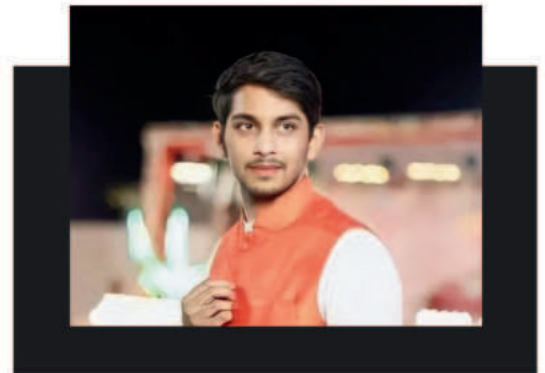
Leading Project Action on Addiction, under our NSS Unit, has been one of the most profound and enlightening experiences of my life. From the initial conceptualization to the final event, the journey was filled with a spectrum of emotions. One of the most cherished moments was the 'Addiction Detective' initiative, where we saw students engage and reflect in a truly meaningful way, sharing moments of understanding and connection. This project wasn't just about raising awareness; it was about fostering genuine change within ourselves and our community. It taught us resilience, empathy, and the immense power of united action.

I could not have steered this project without the unwavering commitment, passion, and empathy of our core team and volunteers.

To the core team—you were the driving force behind this mission. From meticulous planning to navigating the complexities of execution, your relentless dedication made this initiative impactful and seamless. You demonstrated remarkable leadership, innovative thinking, and, above all, a deep sense of purpose.

To every volunteer—your contribution was invaluable. Whether you were facilitating discussions, providing support, organizing activities, or simply offering a listening ear, your compassion made a tangible difference. You didn't just participate—you connected. And that's what truly transformed lives.

Much gratitude for your dedication and support.



JATIN KUMAR
PROJECT HEAD, AOA



KANISHKA KUSHWAHA
PROJECT CO-HEAD, AOA

My NSS journey just floods me with so many feelings and memories! Honestly, stepping into the NSS fold felt a little daunting at first. I remember those initial days, a mix of excitement and a whole lot of "how do I even...?" There were definitely challenges sometimes feeling unsure if I was truly contributing, and navigating the inevitable hiccups that come with any new experience. It felt overwhelming, and I doubted my own abilities. And the bonds I've forged within the NSS family? They're not just friendships; they're connections built on shared values, mutual respect, and a genuine desire to make a difference. I've laughed until my sides hurt during late-night planning sessions, offered shoulders to lean on during tough times, and celebrated every small victory together.

Then there's Unnati, the annual fest. Being entrusted with the role of decoration head felt like such an honor, and honestly, a little terrifying at first! But it was an opportunity to channel all that energy and creativity into something truly special. I remember the whirlwind of planning, the sourcing of materials, the countless hours spent brainstorming themes and designs with the team.

Looking back, my journey with NSS has been a tapestry woven with challenges that ultimately strengthened me, lessons that broadened my perspective, bonds that enriched my life immeasurably, and memories, like the vibrant hues of Unnati, that I will carry in my heart forever. I am eternally grateful for the experiences and the people who have made this journey so incredibly meaningful. My love and dedication to the NSS team run deep.

Working with the National Service Scheme (NSS) has played a significant role in enhancing my overall personality and skill set. It has helped me grow both personally and professionally by providing numerous opportunities to engage with society, develop leadership qualities, and strengthen my sense of responsibility and empathy.

Through various activities such as community service, awareness drives, and organizing events, I have improved my communication, teamwork, and problem-solving skills. It has also boosted my confidence and time management abilities, allowing me to handle multiple responsibilities effectively.

Above all, being a part of NSS has instilled in me a strong sense of social responsibility and a deeper understanding of the challenges faced by different sections of society. This journey has truly been transformative, shaping me into a more aware, compassionate, and proactive individual.



AASTHA CHAWLA
PROJECT EXECUTIVE, AOA

EVENTS REPORT

ACTION ON ADDICTION

Break the Habit

Date: January 31, 2025

The National Service Scheme (Project – Action on Addiction), Sri Aurobindo College, University of Delhi, proudly organized “Break the Habit,” an event centered around confronting and overcoming everyday addictions. Through a unique and symbolic activity—bursting balloons —participants visually and emotionally experienced the power of letting go of harmful habits. The energetic and thoughtful atmosphere fostered self-reflection and hope. The event successfully highlighted that breaking free from addiction begins with awareness and small symbolic acts that can spark real change.



Addiction Detective – Reveal the Hidden Addiction

Date: October 7, 2024

“Addiction Detective” brought an exciting twist to awareness by combining education with entertainment. Hosted by Project – Action on Addiction, the event challenged participants to uncover hidden references to addiction in popular songs. The activity opened up conversations around behavioral and substance addiction, and how normalized they can become in pop culture. Through games, group discussions, and an interactive session, attendees learned to analyze content critically while enjoying themselves. The event ended on a high note with winners receiving prizes for their sharp observation skills and active participation.



EVENTS REPORT

ACTION ON ADDICTION

Shopaholic – Understanding Shopping Addiction

Date: October 22, 2024

In a world driven by consumerism, “Shopaholic” was a much-needed awareness event conducted by Project – Action on Addiction. The session delved into the often-overlooked topic of shopping addiction, exploring its emotional and psychological triggers. Participants engaged in an insightful presentation followed by a fun game 🎲 that helped them understand the cycle of compulsive buying. The event emphasized how addictive behaviors aren’t limited to substances and how emotional needs can manifest in everyday habits like shopping. The experience left everyone with practical takeaways on mindful spending and emotional awareness.



Little Chef – Cooking Without Fire Competition

“Little Chef” was a fun-filled cooking competition with a powerful message: healthy food choices can help combat food-related addictions and lifestyle disorders. Organized under Project – Action on Addiction, the event invited participants to prepare delicious, nutritious recipes—without the use of fire. From creative smoothies to innovative salads, students demonstrated their culinary skills while promoting a diet rich in natural and wholesome ingredients. The event encouraged everyone to opt for mindful eating habits over processed and fast food.

🎉 Winners Announcement:

🥇 1st Position: Kashish Yadav

🥈 2nd Position: Anjali Soni

🥉 3rd Position: Shivang Nayal

Winners received Amazon gift cards, and all participants were applauded for spreading awareness through the art of food.

EVENTS REPORT

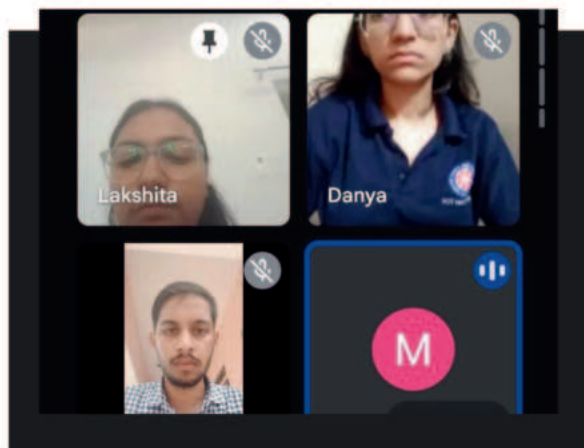
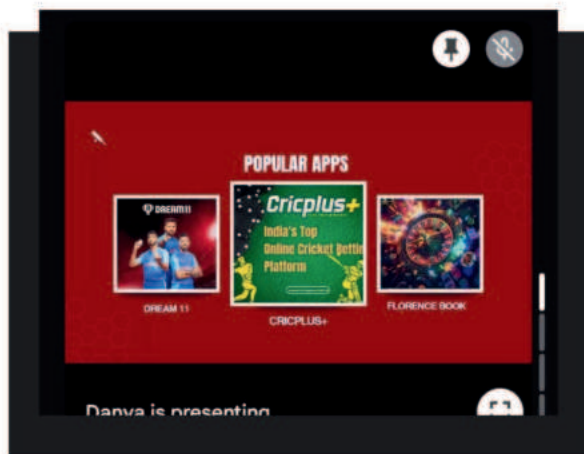
ACTION ON ADDICTION

Digital Detox

Digital Detox, an informative and interesting event about the effects of video games' addiction.

The program commenced with an informative introduction of the event via presentation. It also highlighted about symptoms, characteristics of video game addiction. Later, it emphasized the impact of video game addiction on youth. It concluded with the measures to prevent video game addiction.

We would like to express our sincere gratitude towards all the volunteers for their cooperation and coordination for making this event a success.



Ludopathy

Ludopathy on 15th July, 2024, an informative and interesting event about online poker and gambling apps.

The program commenced with an informative introduction of the event via presentation. Moving forward, it emphasized the impact of online gambling on youth and the need for the laws and legislations to control online gambling apps. It also addressed the 'luck versus skill' factor of the game. The event concluded with various therapies to overcome online gambling addiction.

We would like to express our sincere gratitude towards all the volunteers for their cooperation and coordination in making this event a success.

EVENTS REPORT

ACTION ON ADDICTION

Shattered: A Cinematic Experience on Addiction and Social Responsibility

The National Service Scheme (Project – Action on Addiction), Sri Aurobindo College, University of Delhi, successfully organized the screening of "Shattered," a short film that brought to light the deep-rooted social and environmental issues surrounding addiction and negligence. Held on 22nd April, 2025, the event presented a powerful cinematic experience, urging introspection, empathy, and collective responsibility. The film, created by the AOA project and directed by the photography heads of 2023-2024, resonated with the audience, highlighting the emotional disintegration caused by addiction and the environmental damage it leads to. Through its thought-provoking frames, "Shattered" sparked meaningful discussions and reflections on both personal and societal challenges. We are grateful to the dedicated volunteers for their support and enthusiasm, which made this awareness initiative a resounding success.



PROJECT KILKARI

Project Kilkari is a heartwarming initiative under the National Service Scheme (NSS) of Sri Aurobindo College that embodies the spirit of inclusive education and compassionate outreach. Dedicated to nurturing the dreams and potential of underprivileged children, Kilkari stands as a testament to the transformative power of knowledge, play, and empathy.

Led by an inspiring administrative team for the session 2024-2025—comprising Project Head Vasuki Nagar, Co-Head Nishant Kumar, and Executive Zoya Khan—and guided by Project Coordinator Prof. Priyanka Bedi, Kilkari thrives with the tireless dedication of its vibrant volunteer team: Govind Verma, Piyush Verma, Rohit, Shivang, Shriyash Panday, Roshan, Kashish, Katyayni, and Divyansh Pandey.

At its core, Kilkari is driven by the belief that every child deserves a joyful childhood and access to basic education, no matter their circumstances. The project has continuously engaged with children from marginalized communities, particularly those from the Kilkari center, through a range of creative and educational initiatives.

From foundational literacy sessions and interactive learning games to storytelling, drawing competitions, and cultural activities, Kilkari aims to make learning fun, meaningful, and empowering. Regular teaching modules are designed not only to strengthen academic concepts but also to nurture curiosity, creativity, and confidence among children.

Beyond academics, Kilkari emphasizes values such as kindness, self-expression, and hygiene. Events like Kheloutsav have encouraged children to celebrate their energy and sportsmanship, while stationery drives ensured they have the necessary tools to learn and grow. The team has also conducted sessions on health, cleanliness, and moral values, reinforcing holistic development in a safe, encouraging environment.

Every smile, every spark of understanding, and every confident answer is a milestone for the Kilkari team. The project has become a second home for many of these children—a space where they are heard, valued, and empowered to dream big.

Project Kilkari beautifully reflects the NSS motto—"Not Me, But You"—reminding us that true service lies in nurturing others and walking alongside them in their journey of growth and hope.

HEAD'S TESTIMONIALS

I'm truly grateful for the incredible journey I've had as the Project Head of Kilkari (2024–25) under NSS, Sri Aurobindo College. This role has given me moments of deep joy, pride, and transformation. From the unwavering support of my volunteers and core to the purest bond I share with my Kilkari students, every part of this experience has touched my heart. Watching our students grow—whether through academics, performances like the unforgettable victory at Kiddo Fest, or their everyday enthusiasm—has been a privilege. Their smiles, warm hugs, and achievements have been my biggest rewards. I feel proud to have been a small part of their journey and thankful to NSS for giving me this opportunity to make a difference and grow alongside them.



VASUKI
PROJECT HEAD, KILKARI



NISHANT
PROJECT CO-HEAD, KILKARI

Working with the NSS as the Co-Head of Kilkari has been a truly enriching experience. Leading initiatives focused on child education and welfare. Believe me it is a best platform, working for the community. Especially I learned a lot of things in this society e.g:- Communication skills, leadership skills and handling the pressure as well.

Being a part of the National Service Scheme (NSS) has been one of the most enriching chapters of my academic journey. As an Executive of Project Kilkari, I had the opportunity to not only lead but also contribute meaningfully to a cause that touched the lives of many underprivileged children.

One of the most memorable aspects of my experience was witnessing the transformation in the children — from being shy and hesitant to becoming expressive, enthusiastic learners. We conducted sessions on basic literacy, hygiene awareness, moral values, and creative arts, all while building a bond of trust and empathy with the children.

Leading this project also taught me valuable lessons in teamwork, leadership, adaptability, and emotional intelligence. I learned how to manage time, resolve conflicts, and stay committed to a vision larger than myself.

Overall, my time with NSS and Project Kilkari was not just a volunteering experience it was a journey of growth, compassion, and making a tangible difference in the lives of others



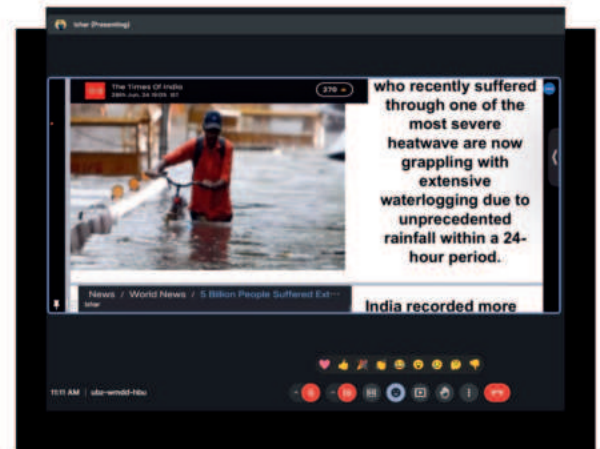
ZOYA
PROJECT EXECUTIVE, KILKARI

EVENTS REPORT

KILKARI

Digital Green Showcase: Addressing Climate Change

On July 1st, 2024, Project Kilkari and Vasundhara organized the "Digital Green Showcase," an online event aimed at raising awareness about climate change and its impact on the environment. The event featured a digital presentation that explored the causes, consequences, and strategies for combating climate change. Participants gained a deeper understanding of the pressing environmental issues facing the country and were motivated to take action. The event served as an impactful reminder of the importance of protecting the planet for future generations.



Zero Plastic Fest: Raising Awareness about Plastic Pollution

On July 3rd, 2024, Project Kilkari organized the "Zero Plastic Fest" to mark International Plastic Bag Free Day. This online awareness campaign focused on the harmful effects of plastic bags and promoted sustainable alternatives. Volunteers and children showcased how to make paper bags as eco-friendly alternatives, demonstrating the process through engaging videos and photos. The event encouraged participants to adopt sustainable habits and reduce plastic usage, contributing to a cleaner environment and a more conscious community.

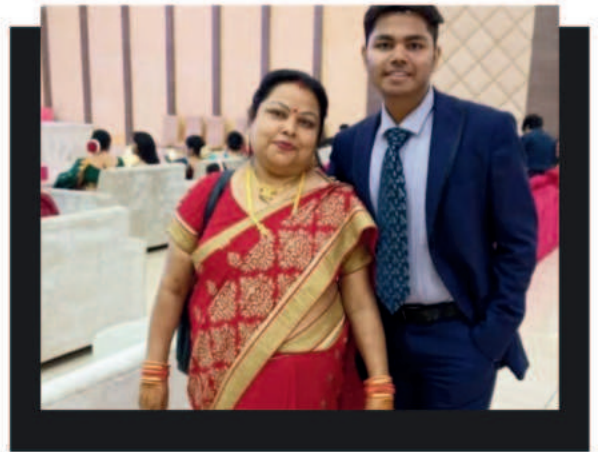
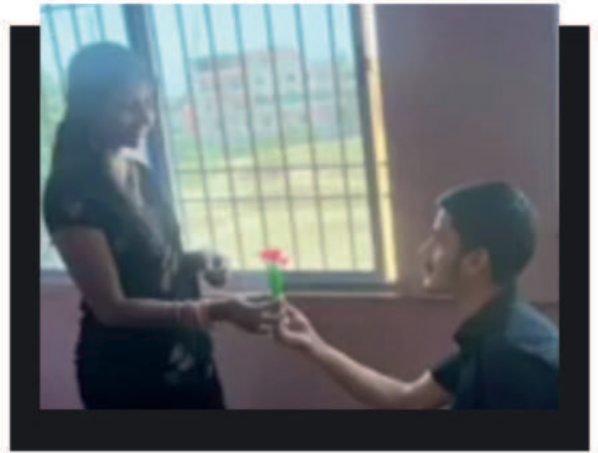


EVENTS REPORT

KILKARI

Family Love Fest: Celebrating Parents

On July 26th and 27th, 2024, Project Kilkari organized the "Family Love Fest," a Parents Day event celebrating the bond between parents and children. The event aimed to honor parents as the first teachers in a child's life. Participants enjoyed fun activities, shared heartfelt messages, and captured precious memories. The event successfully highlighted the significance of family bonds, fostering a sense of appreciation and love for parents while encouraging families to spend quality time together.



Shiksha Shubharambh: Combating Child Labour

On September 10th, 2024, Project Kilkari hosted "Shiksha Shubharambh" at Begumpur Slum to raise awareness about the importance of education and fight against child labour. The event featured a powerful nukkad natak (street play) by MOKSH, which encouraged parents to send their children to the "Pathshala." Volunteers then went door-to-door, emphasizing the importance of education in eliminating child labour. This initiative inspired the community to prioritize their children's education and highlighted the collective effort needed to ensure every child's right to learning.



EVENTS REPORT

KILKARI

Eco Rakhi Celebration: Sustainable Festivities

On August 16th, 2024, Project Kilkari hosted the "Eco-Rakhi Celebration," blending tradition with sustainability. The event focused on creating eco-friendly rakhis, reducing waste, and promoting environmental conservation. Children and volunteers participated in making rakhis from natural and recyclable materials, aligning with the initiative's goal of promoting green practices. The event also included dance performances and heartfelt shayaris, creating a joyful atmosphere while raising awareness about environmental issues. It was a memorable celebration that showcased the importance of sustainability in festive traditions.



Space Ka Safarnama: Exploring the Cosmos

On August 24th, 2024, Project Kilkari took participants on a cosmic journey with the "Space Ka Safarnama" event at Nehru Planetarium. This immersive experience featured a mesmerizing show that illustrated the birth of celestial bodies and the mysteries of space. Attendees were fascinated by the wonders of the universe, gaining insights into astronomy and the scientific exploration of space. The event sparked curiosity and wonder among participants, leaving them with a sense of awe and a greater appreciation for the vastness of the cosmos.



EVENTS REPORT

KILKARI

EdUSHALA – Internship Program

National Service Scheme (Project Kilkari), Sri Aurobindo College, University of Delhi, successfully organized the EdUSHALA Internship Program during the months of September and October 2024.

This two-month initiative gave college students a chance to engage in teaching and mentoring children from the Begumpur slum through regular Pathshala sessions held at DDA Park. Volunteers experienced hands-on learning while guiding children with patience, empathy, and creativity.

Participants who successfully completed the required number of hours were awarded certificates in recognition of their contribution and commitment. The internship not only helped children learn but also shaped the interns into more responsible and aware individuals. The program was a meaningful step towards education, growth, and community bonding.



Hindi Sarthi: Celebrating Hindi Language

On September 13th, 2024, to mark Hindi Diwas, Project Kilkari organized "Hindi Sarthi" at the Red Wall, Sri Aurobindo College. The event aimed to promote the Hindi language and foster pride in India's cultural identity. Activities included tongue twisters, poetry recitation, and a quiz on famous Hindi authors, which encouraged participants to appreciate and engage with the language. The event succeeded in creating a space where people celebrated the beauty of Hindi while also enhancing their knowledge of its literary heritage.



EVENTS REPORT

KILKARI

Shiksha Sangrah: Aiding Education

On September 20th, 2024, Project Kilkari organized "Shiksha Sangrah" at DDA Park, aimed at supporting students with essential educational materials. Volunteers distributed notebooks, pencils, erasers, and other stationery to students, ensuring they had the tools to succeed in their studies. The event also encouraged creativity as students were invited to draw their favorite things, promoting their artistic expression. By focusing on the importance of education and providing necessary resources, this event encouraged students to pursue their studies with enthusiasm and dedication.



Growth Monitoring and Food Safety" at DDA Park

National Service Scheme (Projects Kilkari & Saviour), Sri Aurobindo College, University of Delhi, organized an interactive event titled "Growth Monitoring and Food Safety" at DDA Park on September 30th, 2024. The event aimed to raise awareness among Pathshala students about proper nutrition, personal health, and dietary habits. BMI measurements were taken to track the children's growth, followed by informative discussions on food safety, emphasizing the importance of healthy eating habits. To wrap up the session, students were offered healthy juice as a reminder of the benefits of nutritious choices. The event saw enthusiastic participation from both volunteers and students, making it an insightful and impactful experience. A sincere thank you to all volunteers for their dedication in making this event a success, promoting a healthier future!



EVENTS REPORT

KILKARI

The Red Alert: Promoting Health Awareness

On October 3rd, 2024, the National Service Scheme (Project Saviour and Project Kilkari) conducted "The Red Alert," an initiative aimed at educating the community on anemia and food safety. Volunteers from Sri Aurobindo College traveled to Begumpur village, distributing pamphlets and iron supplements to spread awareness. A skit was performed to emphasize the importance of proper nutrition and its role in preventing anemia. The event successfully highlighted critical health issues, particularly for women and children, and encouraged better nutritional practices in the community.



Ramleela: A Cultural Immersion

On September 9th, 2024, Project Kilkari hosted a vibrant "Ramleela" event at DDA Park, bringing the story of the Ramayana to life. NSS volunteers performed a skit depicting characters from the Ramayana, educating children from Begumpur on the cultural and moral lessons embedded in the ancient text. The performance captivated the audience, allowing them to understand the richness of Indian mythology and its cultural significance. The children were thrilled by the interactive nature of the skit, and volunteers enjoyed bringing the epic to life for a younger generation, strengthening community bonds.

EVENTS REPORT

KILKARI

Deep Utsav: Celebrating Diwali with Creativity

On October 18th, 2024, Project Kilkari organized "Deep Utsav" at Sri Aurobindo College, bringing together children and volunteers to celebrate Diwali in an eco-friendly and creative way. The highlight of the event was a diya-making competition where children showcased their artistic skills. Volunteers guided the children in decorating the diyas, creating an environment of teamwork and cultural celebration. The event not only allowed participants to learn about Diwali traditions but also fostered skill development and personal growth. The day was filled with creativity and joy, uniting everyone in the spirit of the festival.



"Games Carnival" at DDA Park

The National Service Scheme (Project Kilkari), Sri Aurobindo College, University of Delhi, organized a vibrant "Games Carnival" at DDA Park on January 31st, 2025. Volunteers and Kilkari kids actively participated in various fun-filled games, demonstrating strength, teamwork, and a spirit of healthy competition. The event was filled with laughter, cheers, and an infectious energy, creating an atmosphere of joy and camaraderie. To celebrate their participation, all Kilkari kids received gifts for showcasing their skills, determination, and sportsmanship. A heartfelt thank you to all volunteers for their dedication and effort in making this carnival a memorable experience, bringing smiles to many young faces!

EVENTS REPORT

KILKARI

"Keys to Knowledge" - Digital Workshop

The National Service Scheme (Project Kilkari and Action on Addiction), Sri Aurobindo College, University of Delhi, successfully organized an insightful "Digital Workshop" titled "Keys to Knowledge" at DDA Park on February 6th, 7th, and 10th, 2025. The workshop, held at 2 P.M. each day, aimed at equipping Kilkari and Action on Addiction volunteers with essential digital skills while promoting responsible social media usage. Over the three days, volunteers engaged in sessions focused on basic computer knowledge, understanding technology, and fostering responsible digital citizenship. The enthusiastic participation of our volunteers made the workshop a success, and they gained valuable insights and practical skills to become more informed digital citizens. We extend our gratitude to all the volunteers for their eagerness to learn and to the organizing team and resource persons for their efforts.

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Maths Magic at MCD Primary School

On February 19th, 2025, the National Service Scheme (Project Kilkari) at Sri Aurobindo College, University of Delhi, organized an engaging event, "Maths Magic," in collaboration with the Prayan Foundation. Held at MCD Primary School, Malkaganj, the event aimed to make learning mathematics fun and interactive for students. Volunteers introduced mental math tricks and shortcuts, making complex concepts more accessible. Students eagerly participated in math games, honing their logical thinking and problem-solving skills. The event also featured a creative activity where students colored geometric shapes, enhancing their understanding of shapes and colors. A special video on Aryabhata's contributions to ancient Indian mathematics was showcased, sparking interest in the historical significance of math.

EVENTS REPORT

KILKARI

Rhythm & Roots

National Service Scheme (Project Kilkari), Sri Aurobindo College, University of Delhi successfully organized Rhythm & Roots: A Cultural Dance Journey from February 24th to March 4th, 2025, at DDA Park. The event aimed to introduce Paathshala kids to the vibrant world of dance while preparing them for upcoming performances at Kiddo Fest and the NSS Fest. Guided by passionate volunteers, the children learned choreography celebrating cultural diversity, enhancing their rhythm, expressions, and confidence. The park buzzed with joy and enthusiasm as young dancers explored movement with creativity and excitement. To honor their efforts, all participating kids will be awarded certificates, acknowledging their dedication and passion.



Clean Quest

On February 19th, 2025, the National Service Scheme (Project Kilkari) at Sri Aurobindo College, University of Delhi, organized an engaging event, "Maths Magic," in collaboration with the Prayan Foundation. Held at MCD Primary School, Malkaganj, the event aimed to make learning mathematics fun and interactive for students. Volunteers introduced mental math tricks and shortcuts, making complex concepts more accessible. Students eagerly participated in math games, honing their logical thinking and problem-solving skills. The event also featured a creative activity where students colored geometric shapes, enhancing their understanding of shapes and colors. A special video on Aryabhata's contributions to ancient Indian mathematics was showcased, sparking interest in the historical significance of math.

PROJECT SAVIOUR

Project Saviour is a flagship initiative under the National Service Scheme (NSS) of Sri Aurobindo College that focuses on women empowerment through empathy, awareness, and collective action. Led by a committed administrative team for the session 2024-2025—comprising Project Head Pooja, Co-Head Shreya Sarkar, and Executive Manish—Saviour represents the unwavering spirit of support and solidarity. With a dynamic team of volunteers including Drishya, Stuti, Deepanshu, Sonia, Soumya, Alankrita, Raj, Zeeshan, Satyam, and Sonu, the project has worked tirelessly to create safe spaces and promote gender equality across diverse communities.

Rooted in the belief that empowerment comes from within, Project Saviour has undertaken a series of impactful initiatives—from awareness campaigns on menstrual hygiene to skill development workshops aimed at nurturing financial independence among women. Signature sessions like "Her Story, Her Strength" provided women with platforms to share personal journeys in safe-space storytelling circles, fostering courage and solidarity. Through menstrual health drives in schools and rural areas, the team not only distributed biodegradable sanitary products but also dismantled deep-rooted stigmas surrounding menstruation.

The project also prioritized women's physical and emotional safety through self-defense workshops and events like Healthy Her, which featured expert-led discussions on women's nutrition. In Femme Fling, participants celebrated emotional wellness through acts of gratitude and care, while the Hygiene Hustle sanitary pad donation drive in Begampur helped ensure access to essential hygiene resources. Programs like Arogini and Sparsh expanded the scope of health education to include children and broader community participation, while the Badlaav Rally mobilized voices to advocate for gender equality and celebrate the resilience of women.

Through these multifaceted efforts, Project Saviour has left an indelible mark—not only on the lives of its beneficiaries but also on its volunteers, who emerged as more empathetic, aware, and socially responsible individuals. The impact is evident in moments both big and small: a girl speaking publicly for the first time, a woman confidently managing her health, a survivor sharing her story without fear.

Project Saviour stands as a powerful embodiment of the NSS motto – "Not Me, But You" – and a reminder that true change begins with presence, compassion, and unwavering belief in the strength of every woman.

HEAD'S TESTIMONIALS

Leading Project Saviour, a women empowerment initiative under our NSS Unit, has been one of the most powerful and rewarding experiences of my life. From the earliest planning of the event to the final day of execution, there was always the turmoil of emotions. One of the dearest event of my life is the 'kisse' - which was the puppet show for kilhari kids, we shared a moment of joy with them. This project wasn't just about empowering others—it empowered us. It taught us humility, patience, and the power of collective effort.

I could not have led this project without the incredible energy, dedication, and compassion of our core team and volunteers.

To the core team—you were the backbone of this mission. From planning logistics to managing chaos on the ground, your tireless efforts made this initiative impactful and smooth. You showed leadership, creativity, and, above all, heart.

To every volunteer—your presence mattered. Whether you were teaching, listening, organizing, or simply being there for someone in need, your compassion created real change. You didn't just serve—you connected. And that's what made all the difference.

Lots of love to your ways :))



POOJA MISHRA
PROJECT HEAD, SAVIOUR



SHREYA SARKAR
PROJECT CO-HEAD, SAVIOUR

I was a naive little first year student when the first ever impression of NSS laid on me in the very orientation of 2023-24. Immensely intrigued and enthusiastic me, I joined NSS in a heartbeat.

Since then, no matter how hardworking and toiling it could've been at times, NSS gave me a reason; a motive to continue in my life, to continue appearing for the college, and a reason to be here not just for the sake of a degree, but with a heartfelt motive of giving people my everything; without any hesitation.

For me some of the happiest times were during our annual NSS fest and our farewell, where at one we danced our lives off in one, and paradoxically, cried out souls out in another.

As a member and co-head of saviour I hope I was able to give what our project deserved; to care and teach our members and work with them like a family. For me personally, Aarogini and NSS orientation was something I loved to do with Saviour.

At the end I would like to shower my gratitude for my head, Pooja di and Manish for taking care of me and all of my volunteers who joined us together as one family.

Moreover, The wonderful core team who were my guardian and whom I genuinely adore despite of whatever the world might say. You guys took our NSS to new heights.

I would like to conclude this with few lines,

Where the ship was Stranded,
There was someone to hold me dearly;
Put a life jacket on me,
And make me their part wholly.

The wilting flower finally found her sun,
She Became one Among the garden of sunflowers soulfully;
Oh, to be the part of service with love,
NSS, my family.

I am very glad that I am part of NSS, which taught me the value of selfless service, teamwork, and leadership, enthusiasm, and determination to shape a community of people who are unaware about their rights, health, impaction, etc.

Being an Executive of Saviour in NSS has been a transformative journey. Every initiative we undertook made me realize the true impact of community service and the power of collective effort."

Believe me, what you want to add your personality that you easily can gain through NSS but you have to work with selflessness, consistency, determination for this NSS and society.

When my execution was successful towards any event that provides an intense happiness and satisfaction from each event of saviour and every event is unique that enriches people's awareness and your personality too.

.As far as I think, This NSS provides a base for whatever we have gained throughout journey. That to execute not only ourselves but also at the ground level of society.

NSS is not only a society of College but it's the belief of each person who determines to shape the society. And this belief never goes to end.



MANISH PRAJAPATI
PROJECT EXECUTIVE, SAVIOUR

EVENTS REPORT

SAVIOUR

Healthy Her

Project Savior's "Healthy Her" event was an empowering initiative aimed at promoting women's health and well-being. The event focused on creating awareness about the importance of maintaining physical and mental health. Participants were educated on nutrition, fitness routines, and the mental health benefits of a healthy lifestyle. Through expert-led workshops and interactive discussions, attendees learned about how small changes in daily habits can significantly impact overall health. The event inspired women to take charge of their health, with a particular emphasis on self-care and stress management. It was a vibrant, informative session that left participants feeling motivated to lead healthier lives.



Femme Fling

"Femme Fling" was an exciting event designed to celebrate womanhood and empower women through self-expression. The event featured a series of activities that promoted self-love, confidence, and self-empowerment. Participants engaged in interactive discussions about embracing their unique qualities, learning to love themselves, and supporting one another in their personal journeys. The event fostered a sense of unity and camaraderie, reminding women of their inherent strength and resilience. Through motivational talks and activities, "Femme Fling" successfully encouraged women to embrace their individuality while fostering a sense of collective empowerment.

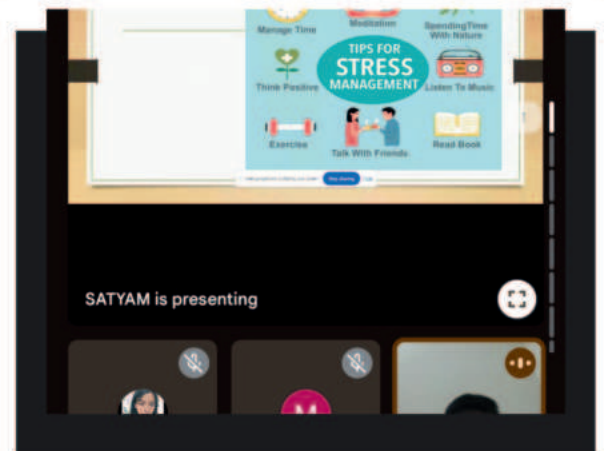
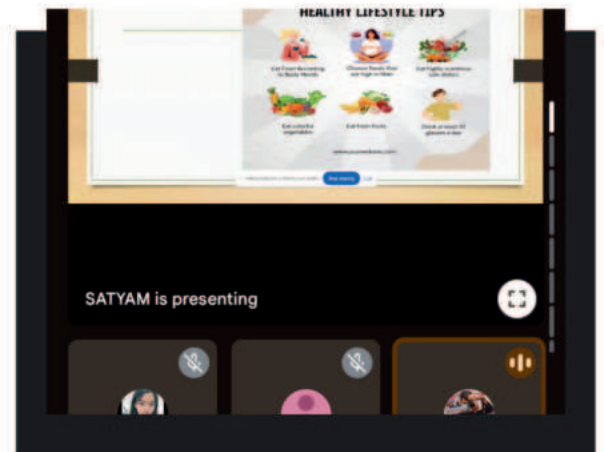


EVENTS REPORT

SAVIOUR

Inside Out

“Inside Out” focused on understanding and managing mood swings, a common challenge many face, especially among young women. This event offered practical insights into the psychological causes of emotional fluctuations and provided strategies to cope with mood changes. Experts led discussions on the importance of emotional well-being and how participants can recognize the signs of mental stress. The event encouraged participants to open up about their feelings and learn how to build emotional resilience. Through engaging exercises and group activities, attendees gained a deeper understanding of their emotions and how to manage them in a healthy way.



Cycle of Care

“Cycle of Care” was an essential event that aimed to raise awareness about the importance of women’s healthcare. The event offered a comprehensive understanding of preventive healthcare, with workshops covering topics like nutrition, exercise, and regular check-ups. Experts spoke about the significance of staying active and maintaining a balanced diet for long-term health. The event also included free health check-ups, allowing women to assess their health status and receive valuable advice from professionals. The participants were encouraged to incorporate these healthy practices into their daily lives, ensuring a better quality of life in the long run. The session was highly informative and contributed to empowering women to take charge of their health.



EVENTS REPORT

SAVIOUR

Paraolympia

“Paraolympia” was a groundbreaking event dedicated to showcasing the abilities and resilience of differently-abled women. The event included a series of physical challenges and athletic activities that allowed participants to demonstrate their talents and break stereotypes surrounding disabilities. It was an inclusive and inspiring celebration of women’s strength, determination, and the power of overcoming obstacles. The event not only highlighted the importance of inclusivity but also provided a platform for differently-abled women to excel in sports and athletic endeavors. The event encouraged participants and attendees to challenge societal norms and celebrate every individual’s abilities, no matter their physical limitations.



People’s Power

“People’s Power” was an event that aimed to raise awareness about gender equality and the collective strength needed to bring about societal change. The event focused on how women can join forces to fight for equal rights, break down gender stereotypes, and create a more inclusive society. Experts led engaging workshops that explored how collective action could lead to powerful changes in communities and beyond. Through discussions on women’s rights, leadership, and social activism, participants learned about ways to support gender equality in both their personal and professional lives. The event was a rallying call for women to unite, use their voices, and take action toward a more equitable world.

EVENTS REPORT

SAVIOUR

Red Alert

“Red Alert” was an event focused on women’s safety and security, offering practical tips on how women can protect themselves in potentially dangerous situations. The event featured workshops on self-defense techniques, personal safety awareness, and the importance of recognizing risky situations. Women were educated about how to stay vigilant and use self-defense strategies to navigate difficult situations. The event also addressed legal rights, helping women understand their options if they find themselves in threatening scenarios. The overall objective was to build confidence and awareness among women, empowering them to take control of their safety and well-being.



Shakti Utsav

“Shakti Utsav” was a grand celebration of womanhood, honoring the strength and resilience of women. The event featured cultural performances, traditional dances, and empowering speeches that celebrated women’s achievements in all aspects of life. Through a vibrant display of talent and unity, the event highlighted the multifaceted nature of womanhood and the importance of supporting one another. Attendees were encouraged to embrace their power, be confident in their abilities, and inspire other women to do the same. “Shakti Utsav” was a reminder of the collective strength women possess and the power of unity in promoting equality and empowerment.



EVENTS REPORT

SAVIOUR

Self-Defense Workshop

The “Self-Defense Workshop,” held from 14th to 25th October, was an empowering initiative aimed at teaching women practical self-defense techniques to protect themselves in dangerous situations. Over the course of the workshop, participants learned a variety of physical defense moves, as well as strategies to de-escalate conflicts and stay safe in different environments. The hands-on sessions provided valuable tools for personal safety, boosting the confidence of every participant. The event also included discussions on situational awareness and the importance of knowing how to react in threatening situations. By the end of the workshop, participants felt more equipped and empowered to defend themselves and their loved ones.



Gender Parity

“Gender Parity” was an event that aimed to educate and engage participants in conversations about achieving gender equality across all sectors of life. The event featured workshops and panel discussions that addressed the persistent barriers to gender parity and how both men and women can work together to create a more equitable world. Speakers shared insights on how to break stereotypes, support women in leadership roles, and ensure equal opportunities in education, the workplace, and beyond. The event also encouraged participants to reflect on their own behaviors and attitudes toward gender roles, fostering a deeper understanding of the steps needed to promote true equality.

EVENTS REPORT

SAVIOUR

Kisse

“Kisse,” held on 30th January 2025, was a storytelling event that provided a platform for women to share their personal experiences and journeys. The event allowed participants to narrate their stories of challenges, triumphs, and the lessons learned along the way. Through storytelling, women bonded over shared experiences and celebrated their resilience, strength, and courage. The event emphasized the power of storytelling in creating a sense of community and fostering empathy. “Kisse” highlighted the importance of voice and expression, encouraging women to speak up, share their truths, and inspire others with their stories.



PROJECT SEHYOG

Project Sehyog is a significant initiative under the National Service Scheme (NSS) of Sri Aurobindo College that aims to foster inclusivity, awareness, and support for specially-abled individuals. Led by a dedicated administrative body for the session 2024-2025—comprising Project Coordinator Sonia Lohia, Project Head Hanshika, Co-Head Hrithika Jaina, and Executive Raghav Singla—Sehyog embodies the spirit of empathy and responsibility. With a team of 13 committed volunteers, the project envisions a campus where academic and emotional support systems are accessible to all, ensuring that no student is left behind due to physical or cognitive challenges.

Rooted in compassion, Project Sehyog provides personalized academic assistance to specially-abled students, including acting as scribes during internal assessments and university examinations, helping with assignments, and offering general support in day-to-day college life. In addition to hands-on assistance, the team actively engages in raising awareness about inclusive practices. Throughout the academic year, Sehyog conducted informative sessions on dyslexia and the use of Braille, introduced basic sign language to students and volunteers, and worked to promote a culture of understanding and acceptance on campus.

Through consistent involvement and a sincere commitment to change, Project Sehyog has strengthened the foundation of an inclusive academic environment. Its initiatives serve as a reminder that accessibility and cooperation are essential pillars of a just and compassionate society. Sehyog stands as a living example of the NSS motto – "Not Me, But You" – and reinforces the belief that meaningful change begins with empathy, dignity, and small acts of support.

Building upon these efforts, Project Sehyog has also initiated collaborations with various departments and student bodies within the college to integrate inclusive practices into broader campus activities. This holistic approach not only amplifies the project's impact but also fosters a campus culture where diversity is celebrated, and every student feels valued and supported.

HEAD'S TESTIMONIALS

Over the past two years, NSS has been more than just a badge I wore, it became a part of who I am. This journey has shaped me into a more grounded, empathetic, and resilient individual. From being a volunteer full of curiosity to becoming the Head of Project Sehyog, every step has been filled with purpose and growth.

Whether it was conducting awareness drives, managing events, or working closely with the specially-abled community, each experience taught me something valuable. But what made this journey truly special was the people—every volunteer, every teammate who added meaning to our mission. We laughed, we learned, we stumbled, and we stood stronger together.

Thank you to everyone who was part of this incredible ride. This chapter will forever remain close to my heart.



HANSHIKA
PROJECT HEAD, SEHYOG



RITIKA JENA
PROJECT CO-HEAD, SEHYOG

One of the most unforgettable moments of my NSS journey was the day I found out I was becoming the co-head of Project Sehyog, I was literally jumping with happiness! It felt surreal, like a dream come true, and it felt like all the hard work had finally paid. From starting off as a volunteer full of curiosity and excitement to stepping into a leadership role, the journey has been nothing short of transformative.

As co-head, I had the opportunity to work with a passionate team of volunteers and a supportive head, making every experience truly fulfilling. Whether it was organizing events, managing events under Sehyog or simply bonding with the team, each moment taught me something valuable about responsibility, compassion, and collaboration.

NSS has not only helped me grow as a leader but also as a person and for that, I'm truly thankful.

Being a part of NSS has been one of the most soul-stirring chapters of my college life.

There was a time when I was labeled "inactive," unaware of the silent efforts I was constantly putting in behind the scenes. What many didn't know was that I was also dealing with health issues in my family—something that pulled me away physically, but never mentally or emotionally.

Some even said to me, "Maybe you should change your project." But I never let those words define me. I knew the value of the work we were doing in Project Sehyog, and I believed in showing up when it mattered most.

I may not have always been visible in the everyday buzz, but when it came to the big events, I poured my heart and soul into every task—whether it was managing the smallest details, supporting every team, or simply standing strong when things got tough. For me, it was never about recognition; it was always about making a real difference.

Through NSS, I found a space where my quiet dedication finally held meaning. The warm smiles during Project Sehyog, the beautiful chaos before events, the long hours, the teamwork, and that unshakable feeling of being part of something greater than myself—these are memories I will carry forever.

I may not have always been in the spotlight, but I know I gave it everything I had, and that's what makes this journey truly unforgettable.



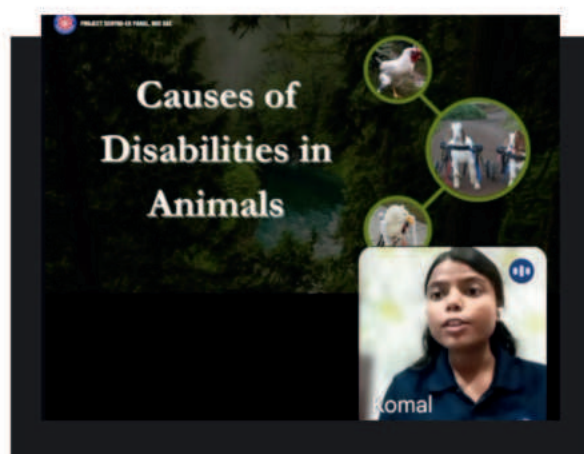
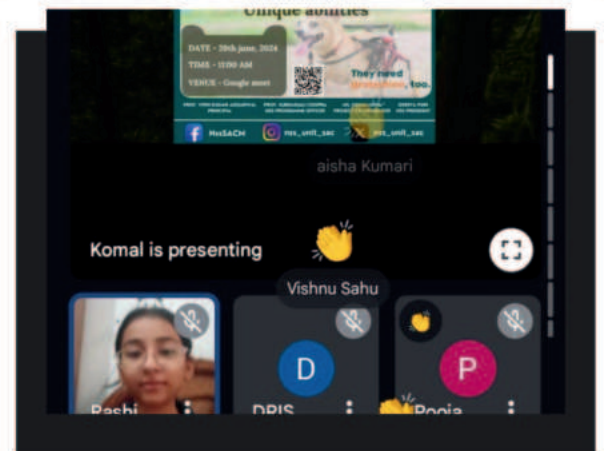
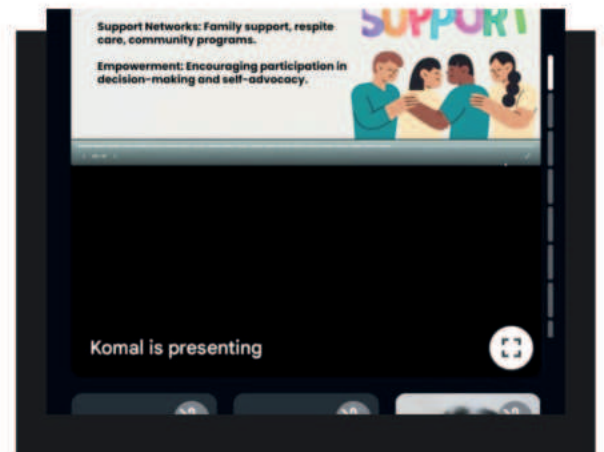
RAGHAV SINGLA
PROJECT EXECUTIVE, SEHYOG

EVENTS REPORT

SEHYOG

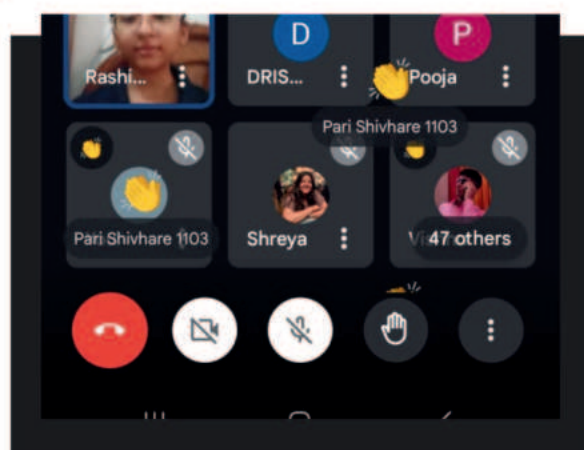
Amazing Animals: Unleashing Their Strength

On June 26th, 2024, the National Service Scheme, Sri Aurobindo College, University of Delhi, under Project Sahyog, organized an insightful online session titled Amazing Animals, centered around specially-abled animals and their inspiring journeys. Through an engaging PowerPoint presentation, participants were introduced to stories of resilience, the daily struggles these animals face, and how small acts of care can make a huge difference. The session encouraged a deeper understanding of inclusivity beyond humans, highlighting the importance of compassion, rehabilitation, and responsible adoption. It also addressed how awareness and action can bridge the gap between neglect and nurturing. With active participation and meaningful discussions, the event successfully fostered empathy and empowered volunteers to become more conscious towards all living beings.



Diverse Abilities: Beyond Limits, Within Reach

On July 17th, 2024, the National Service Scheme, Sri Aurobindo College, University of Delhi, under Project Sahyog, conducted a heartfelt online awareness session titled Diverse Abilities, focusing on specially-abled individuals and their incredible strength. The event featured an insightful presentation that celebrated the resilience, talent, and individuality of those who navigate life with physical or cognitive disabilities. Participants gained a deeper understanding of their unique challenges, from daily accessibility barriers to social perceptions, while also discovering stories that reflected courage, creativity, and achievement. Discussions emphasized the importance of inclusivity, equal opportunities, and the role each of us plays in fostering a supportive environment. With active involvement and positive dialogue, the event beautifully highlighted that ability comes in many forms—and each one deserves to be seen and celebrated.



EVENTS REPORT

SEHYOG

Unity Unleashed: Strength in Every Step

On July 25th, 2024, the National Service Scheme, Sri Aurobindo College, University of Delhi, under Project Sahyog, successfully conducted an online empowerment event titled Unity Unleashed, dedicated to supporting and uplifting specially-abled individuals. The session opened with a powerful series of volunteer clips, showcasing thoughtful initiatives and spreading awareness about the lived experiences and achievements of differently-abled individuals. These contributions emphasized that disability is not a limitation, but a different lens through which strength and potential shine even brighter. Volunteers shared how small steps toward inclusion can create ripples of meaningful change. The event served as a reminder that true unity lies in understanding, acceptance, and action—and each of us has a role to play. With enthusiastic participation and heartfelt insights, the event radiated the spirit of compassion, courage, and community.



Animal Feeding: Awareness on Contemporary Feeding

On October 3rd, 2024, the National Service Scheme (Project – Sehyog) of Sri Aurobindo College, University of Delhi, successfully conducted Animal Feeding: Awareness on Contemporary Feeding at 1:00 PM in the DDA Park adjacent to the college premises. The event began with a thoughtful discussion highlighting the do's and don'ts of responsible animal feeding and emphasized key practices for nourishing urban wildlife. Volunteers enthusiastically stepped forward to feed local birds, squirrels, and dogs with millets, wheat, and biscuits, spreading compassion and care one handful at a time. The initiative aimed not just at providing food, but also at fostering empathy and co-existence with our voiceless companions. By raising awareness about modern feeding methods and the importance of nutrition in animal well-being, the event sparked a meaningful dialogue on everyday kindness. Heartfelt gratitude goes to all the participants whose small acts created big ripples of love in nature's circle.

EVENTS REPORT

SEHYOG

Braille Beacon: Illuminating Literacy for the Visually Impaired

On October 16th, 2024, the National Service Scheme (Project – Sehyog) of Sri Aurobindo College, University of Delhi, successfully organized an insightful event titled Braille Beacon at 11:45 AM. The event shone a light on the power of Braille as more than just a script—it's a bridge to independence, literacy, and empowerment for the visually impaired. Volunteers and participants engaged in discussions that deepened their understanding of how Braille transforms lives by making information accessible to all. Emphasizing inclusivity, the event highlighted the importance of learning and supporting tactile literacy as a way to create a more equal world. With awareness at its heart, Braille Beacon encouraged everyone to appreciate and advocate for tools that enable every individual to read, learn, and thrive. Sincere thanks to all attendees for making this initiative both meaningful and memorable.



Festive Flare: Create, Decorate, Celebrate

On October 25th, 2024, the National Service Scheme (Project – Sehyog) of Sri Aurobindo College, University of Delhi, celebrated the spirit of sustainability and creativity with its spectacular event Festive Flare: Create, Decorate, Celebrate, held at 12:00 PM near the Botany Lab. The event encouraged participants to craft beautiful decorations using eco-friendly materials, bringing out their creative flair while promoting a greener future. With a focus on sustainability, the event combined tradition and environmental consciousness, urging everyone to celebrate in a responsible and impactful way. From handcrafted paper lanterns to upcycled festive designs, the event showcased innovation and a commitment to eco-conscious celebrations. A heartfelt thank you to all volunteers and participants for their unwavering enthusiasm and support in making this a meaningful and memorable occasion. Let's continue to make every festival a step towards a brighter, more sustainable world.

EVENTS REPORT

SEHYOG

Tackling Taboos: Breaking the Silence

On 14th November, 2024, at 11:45 AM, the National Service Scheme (Project – Sehyog) of Sri Aurobindo College, University of Delhi, proudly hosted the empowering event Tackling Taboos: Breaking the Silence at the Red Wall. This event aimed to highlight the challenges faced by individuals with social disabilities and celebrated their resilience through heartfelt discussions and stories. By breaking barriers and challenging societal stigmas, the event created a space for open dialogue and inclusivity. Volunteers and participants came together to foster a compassionate, understanding community, emphasizing the need to erase stigma and promote equality for all. A big thank you to everyone who contributed to this impactful event, paving the way for a more inclusive and empathetic society. Let's continue to break the silence and build bridges of compassion!



Beyond the Letters: The Power of Dyslexia

On 12th February 2025, at 12:45 PM, the National Service Scheme (Project – Sehyog) of Sri Aurobindo College, University of Delhi, hosted the enlightening event Beyond the Letters: The Power of Dyslexia in the Parking Lot. This interactive session aimed to break stereotypes about dyslexia while shedding light on the daily challenges faced by individuals with the condition. Through an engaging game, participants got the opportunity to experience firsthand the struggles faced by dyslexic individuals, such as reading difficulties and spelling errors. The event fostered empathy, inclusivity, and heightened awareness. A heartfelt thank you to all the volunteers and participants who made this session a success. By stepping into the shoes of individuals with dyslexia, we gained invaluable insights into the small changes we can make to create a more inclusive world.

Let's continue to support and empower everyone, embracing their unique strengths and perspectives! ✨

EVENTS REPORT

SEHYOG

Revive and Thrive (Unlock Your Potential)

On 21st February 2025, the National Service Scheme (Project - We-heal and Sehyog) of Sri Aurobindo College, University of Delhi, brought together a heartwarming and lively celebration titled Revive and Thrive (Unlock Your Potential) at DDA Park. The event aimed to rekindle childhood memories and foster joy through nostalgic childhood games. Participants were transported back to simpler times with games that encouraged creativity, teamwork, and a refreshing break from daily stress.

The event was filled with laughter, excitement, and cherished moments as volunteers and participants engaged in friendly competitions and traditional games, strengthening bonds and fostering a spirit of togetherness. Through these vibrant activities, we took a step toward building a more connected and joyful community.

Let's continue to embrace joy, unity, and meaningful interactions that add happiness to our lives!



PROJECT VASUNDHARA

Project Vasundhara is a pivotal initiative under the National Service Scheme (NSS) of Sri Aurobindo College for the session 2024-2025, dedicated to fostering environmental awareness, sustainability, and responsible living. Driven by a deeply motivated administrative team—comprising Project Head Divya, Co-Head Vanisha, and Executive Izhar—Vasundhara stands as a testament to the NSS spirit of service, with a team of 11 passionate volunteers working tirelessly to build a greener, more conscious society.

Rooted in the belief that sustainable change stems from awareness and action, Vasundhara has continuously worked to promote ecological responsibility both on and beyond campus. The team organized a series of impactful initiatives throughout the year. Beginning with Ummad ke Diye, a thought-provoking nukkad natak advocating for an eco-friendly Diwali, Vasundhara underscored the importance of celebrating festivals with sustainability in mind.

Furthering its mission, Green Tales of History took students on a unique heritage walk that blended historical appreciation with biodiversity awareness, accompanied by an engaging photography contest. The emotional session Animals Have Feelings Too, conducted in collaboration with the Stray Relief and Animal Awareness Foundation, amplified the voices of voiceless creatures and emphasized empathy for all life forms. Another highlight, The Burning Truth, used roleplay and discussion to unpack the realities of the Los Angeles wildfires and their links to climate change and disaster mismanagement.

Throughout the academic year, Vasundhara continued to lead a diverse range of interactive and awareness-centric activities, each aiming to deepen understanding and encourage proactive environmental stewardship. Whether through plantation drives, educational campaigns, or collaborative sessions, the project consistently worked to inspire meaningful, lasting change.

With unwavering dedication and a shared vision, the Vasundhara team has laid the foundation for a more environmentally conscious campus. It reminds us that protecting the planet is not just a duty but a collective journey of empathy, education, and persistent effort.

HEAD'S TESTIMONIALS

I was an extremely introverted person until I joined NSS. But after attending various events, later on I became the head of my own project. I saw a huge difference in my personality — I became someone who could communicate with anyone.

So hi everyone, I'm Divya Saini, Head of Project Vasundhara.

The National Service Scheme has taught me so many things. Since it's a unit, I learned how to work in groups — and I'm sure all of you must have learned that too.

Basically, my NSS journey was too good. My team did great work — my co-head, executives, and of course, each and every volunteer. No doubt unhone Hume kafi pareshan kiya but koi ni jb hum volunteer the humne apne seniors ko pareshan kiya ab yeh apne seniors ko kar rhe h...

My best memories from this tenure include the Lodhi Garden visit, the Nukkad Natak, and actually so many more. The flashmob was a lot of fun, and the decoration work during Unnati — that holds a special place in my heart.

I know this is getting quite lengthy, but I just can't stop writing when it comes to NSS — because this is the best part of my college life. You know what? If the word "true mentor" could be described through a person, it would be Aakriti Ma'am. She has always supported us — from correcting our write-ups and posters, to appreciating each and every event with her beautiful smile. And of course, she attends every event to motivate us.

Our core team is like our backbone. People often feel like "tum log karte kya ho?" — but the truth is, if they all stop doing their work, nothing will happen. Just like moms in the house — we don't realize their value until they pause.

I am truly grateful to be part of this beautiful society. And honestly, I don't want to stop writing... but I have to. I'm going to miss this so much.



VANISHA
PROJECT CO-HEAD, VASUNDHARA

Hii, I am Vanisha, and I have the honour of serving as the Co-Head of Project Vasundhara under the National Service Scheme (NSS).

My journey in Vasundhara and in NSS as a whole has been quite the khatta-meetha ride. The sour part was me struggling to drag myself to college regularly (thanks to the never-ending distance). But the sweet part was pouring my heart into organising Vasundhara events and doing my best to leave a small but meaningful mark on the environment. Every effort, every step (even the long ones), was totally worth it.

Being the Co-Head of Vasundhara was one of the best parts of my college life. At first, handling the volunteers felt a bit tough—they were full of energy and different opinions. But slowly, they became my strength. We laughed, learned, and grew together.

My favorite memory is the Nukkad Natak we did for the Eco Diwali celebration. The energy, the message, and the teamwork made it so special. And how can I forget Aakriti Ma'am? She always came to our events with a big smile and supported us like a true mentor. And at last

A big thank you to Shreya and all the core members for literally running behind us (sometimes more than we ran for events) and pushing us to get things done. Your energy and support never went unnoticed — warm hugs to all of you!

Hi everyone, I'm Izhar, the executive of the project Vasundhara

Before the NSS, I didn't know how to manage time, but after joining, I now know how to manage things.

Our project Vasundhara works for the environment. Before joining Vasundhara, I was a person who didn't respect nature and made a mess, but now I'm very different. I respect nature, and I advise my friends and everyone to respect our environment. I loved my last event of the plantation drive where we went to a school and met with students who helped us on the plantation. And our volunteers jinhone apne test bhi chord diye hmare last event ko successful bnane k liye.

I know mene galti kri hai Nss mai hone k baad bhi but gltio se sikhna bhut matter krta hai and mai keh skta hu mene bhut kuch sekha hai isse and mai apne aas pass ke logo ko bhi kuch chije ti sekha he skta hu and phle mujhe lgta tha ki daily itne events attend krna or kaam krna bhut boring hota hoga but time ke sath mai poster holder of the month bhi bna or mujhe vo bhut achaa bhu lgaa

I have so many memories to tell you guys but agr Mai btane or Aaya to ye sheet bhi bhut chotand jaani hai

And now I want to thank everyone my project head and co-head they both worked so much for our project and now I want to thank my volunteers who all understand us in every moment and helped us. Thanks to our core team and our president jiski nazr hmesha mere uppr thi and aankho se he drana just kidding. Bs mai sbhi ka shukriya krna chahunga jinhone meri NSS journey ko itni yaade dii.



DIVYA SAINI
PROJECT HEAD, VASUNDHARA



IZHAR
PROJECT EXECUTIVE, VASUNDHARA

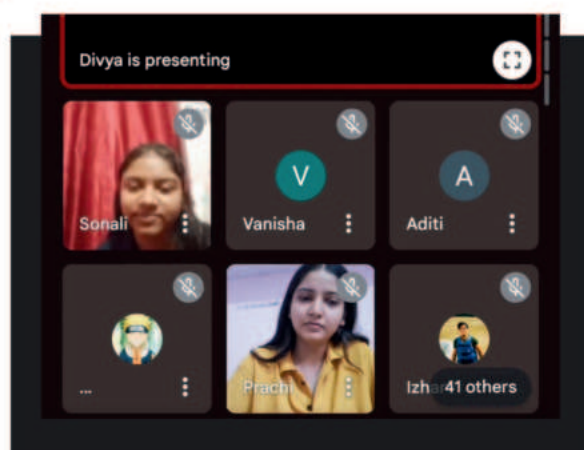
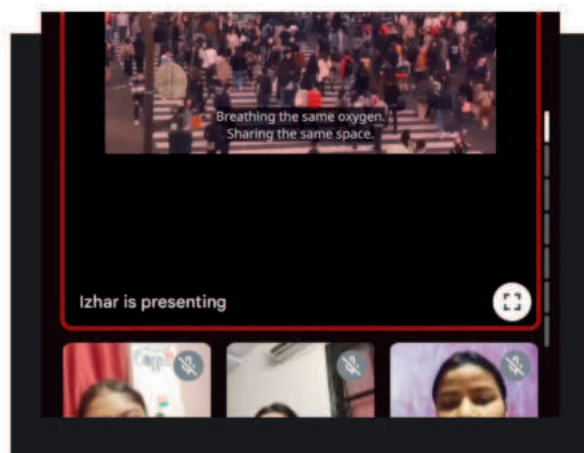
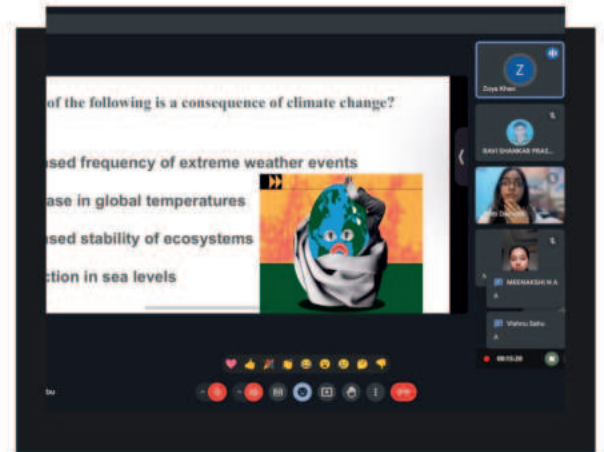
EVENTS REPORT

VASUNDHARA

Digital Green Showcase (In collaboration with Project Kilkari)

On 1st July 2024, This online presentation focused on climate change. Volunteers covered its effects, recent global and national stats, and discussed practical actions to mitigate climate change. The event fostered informed dialogue and collective responsibility.

Creative infographics and real-life examples helped participants grasp the gravity of the situation. The emphasis was on actionable steps like using public transport and minimizing energy usage.



Eco Crowd Clash

On 11th July 2024, a digital awareness event focusing on overpopulation. Volunteers prepared insightful presentations explaining causes, consequences, and solutions to this environmental challenge. The interactive session concluded with a reflection activity and brainstorming for population control strategies.

The session also brought in data comparisons, visualizing how population pressure affects forests, water, and waste systems. Attendees came away with both concern and a sense of accountability.

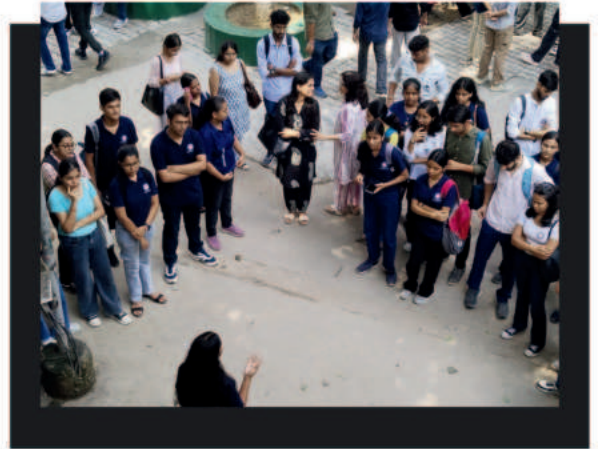
EVENTS REPORT

VASUNDHARA

Fading Footprints

On 30th August 2024, dedicated to preserving biodiversity, this event included a skit that dramatized the rapid extinction of species. Volunteers discussed reasons for biodiversity loss and urged everyone to adopt eco-friendly habits. The session concluded with a creative Q&A, ensuring participants left with heightened ecological sensitivity.

Attendees were shocked by the speed of species decline and pledged to promote plant-based choices, reduce deforestation, and support local conservation efforts.



Nature's Art Gala

On 6th August 2024, this offline event celebrated the blend of art and environment. Using natural elements like leaves, petals, and stones, volunteers created artistic pieces that echoed the beauty of sustainability. It was a peaceful, hands-on session that encouraged creativity and nature appreciation. The event subtly promoted recycling and reusing natural materials, proving that art doesn't need to be expensive to be impactful.

EVENTS REPORT

VASUNDHARA

Walk to Nature: Green Tales of History

On 22nd September 2024, a heritage walk in Lodhi Garden combining botany, history, and photography. Volunteers explored plant diversity, identified medicinal species, and shared anecdotes about Delhi's green heritage. The experience deepened their ecological awareness and appreciation.

The walk also inspired discussions on urban gardening and how we can incorporate native species into our surroundings. It was a refreshing blend of education and adventure.



Waste Wise: Building a Sustainable Future

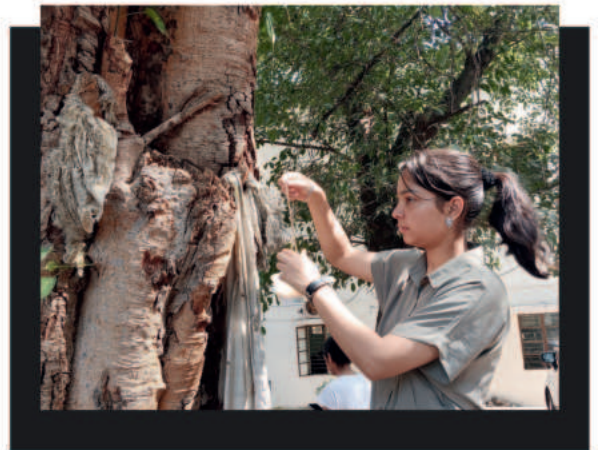
The National Service Scheme (Project - Vasundhara) at Sri Aurobindo College, University of Delhi, successfully organized the event "Waste Wise" on 30th September 2024. As part of this initiative, we aimed to educate the youth about the importance of proper waste disposal and the correct usage of color-coded dustbins. Through engaging and interactive activities, we reinforced the message of waste segregation and responsible waste management. Additionally, we reached out to the children of Begampur, teaching them how disposing of waste correctly not only protects the environment but also ensures the safety and dignity of waste pickers. We extend our heartfelt gratitude to all the volunteers who participated in this thoughtful initiative. Together, we've taken a meaningful step toward building a cleaner, more responsible, and sustainable society.

EVENTS REPORT

VASUNDHARA

Pakshiyon ki Zuban: A Step Toward Wildlife Protection

The National Service Scheme (Project - Vasundhara) at Sri Aurobindo College, University of Delhi, successfully organized the event "Pakshiyon ki Zuban" on 8th October, 2024. As part of this initiative, we installed bird feeders across the college campus to nourish and support our feathered friends. We also reflected on how our everyday choices and lifestyles can unknowingly cause harm to birds, discussing simple yet impactful actions we can take to care for them. Additionally, we brought attention to the harsh conditions in chicken coops, where chickens are often mistreated and overexploited for egg production. The discussion highlighted how such practices not only compromise animal welfare but also disconnect us from nature. We extend our heartfelt gratitude to all the passionate volunteers who participated in this meaningful initiative. Together, we've taken a compassionate step toward protecting wildlife and preserving the balance of our ecosystem.



Umeed ke Diye -Lighting the Path to a Thoughtful Celebration

On 23rd October 2024, the National Service Scheme (Project - Vasundhara) at Sri Aurobindo College, University of Delhi, successfully organized the event Umeed ke Diye. As part of this initiative, we presented a thought-provoking Nukkad Natak on our college campus, highlighting the often overlooked actions and individuals that contribute to harming society and the environment during the festive season. The performance showcased characters ranging from sweet shop owners to groups of children, each portraying the subtle yet significant impact their actions can have on the environment and the community. Through this creative expression, we emphasized the importance of mindful celebration and shared practical solutions for a more sustainable Diwali. The event inspired all to rethink the ways we celebrate and encouraged a shift toward positive, conscious actions during the festive season.



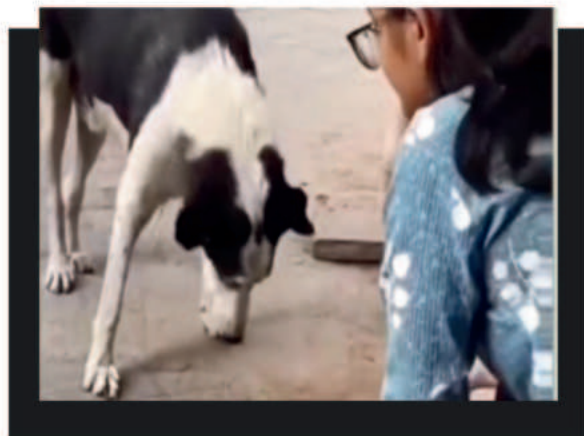
EVENTS REPORT

VASUNDHARA

Re-Thinking Diwali

Celebrating Mindfully and Sustainably

On 3rd November 2024, the National Service Scheme (Project - Vasundhara) at Sri Aurobindo College, University of Delhi, successfully organized the event Re-Thinking Diwali. This initiative aimed to spread positivity and awareness about celebrating Diwali in an eco-friendly and mindful way. Volunteers created beautiful, eco-friendly posters and shared their thoughts on how Diwali can be celebrated with love, light, and happiness, without relying on harmful fireworks. The focus was on fostering a sense of community by encouraging the sharing of sweets, warmth, and compassion instead of polluting the environment. The event resonated deeply with the spirit of the festival, reminding everyone that Diwali is about creating joy and light in the world around us. A heartfelt thank you to all the volunteers who participated and made this event impactful. Together, we have taken meaningful steps toward making our celebrations more sustainable and beneficial for society and the environment.



Animals Have Feelings Too

Date: 19th November 2024

This session was held in collaboration with the Stray Relief and Animal Awareness Foundation. Volunteers learned about animal emotions, responsible feeding, and protection. Real-life stories shared during the event left a lasting impact on participants.

Emphasis was placed on the emotional intelligence of animals, and volunteers discussed the importance of sterilization and regular feeding zones for strays in the community.

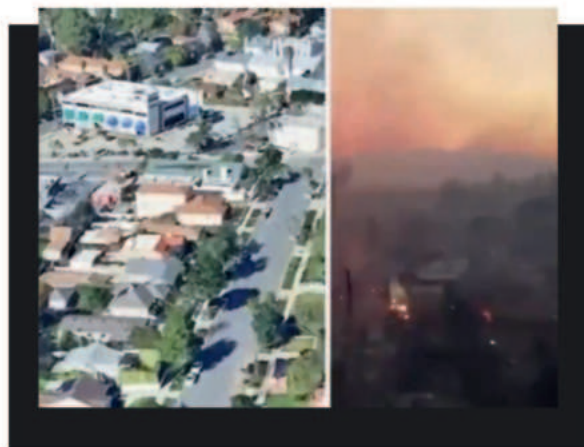
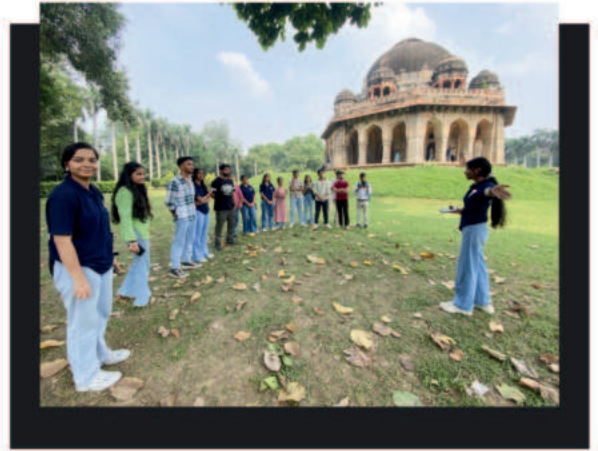
EVENTS REPORT

VASUNDHARA

Echoes of Compassion

Date: 20th January 2025

This event was an eye-opener into the harsh realities faced by animals in today's world. Volunteers initiated the session by discussing the mistreatment of animals across industries—from food to fashion—and how such practices are normalized. They also shared heartfelt experiences of helping strays during winters by building makeshift shelters and feeding them regularly. Through a sincere dialogue, the importance of choosing cruelty-free products and being more empathetic in everyday actions was stressed. The event concluded with a moving pledge, where every participant promised to be more kind and compassionate toward all living beings.



The Burning Truth

Insights into the 2025 LA Fire

On 27th January 2025, the National Service Scheme at Sri Aurobindo College, University of Delhi, organized an insightful online session focused on the alarming Los Angeles wildfires. The session brought together 40-45 volunteers, who discussed the causes of the fire and its far-reaching environmental consequences. Through engaging discussions, participants explored how human activities have contributed to such devastating events and the critical importance of adopting sustainable practices. An interactive quiz followed, allowing everyone to reflect on key takeaways and explore practical solutions to prevent future wildfires. The session emphasized the need for global collaboration to tackle climate change and protect our planet from such disasters. Volunteers actively contributed their ideas on how to make a difference, reinforcing our collective responsibility towards the environment. The event was a valuable step in raising awareness and inspiring action for a more sustainable future. We appreciate all the volunteers for their enthusiasm and commitment to this cause.



EVENTS REPORT

VASUNDHARA

Zen & Fun (Environmental Visit | With Project We Heal)

A collaborative visit blending wellness and nature. Volunteers practiced yoga amidst greenery, played eco-themed games, and shared reflections on nature's calming power. The event served as both a detox and a team-building experience.

It reminded everyone that healing is not only mental but also environmental, and spending mindful time in nature can be incredibly therapeutic.



Hush Beats

Date: 14th February 2025

This unique mime event focused on noise pollution. Volunteers performed silent acts that showcased the harmful effects of loud environments. It sparked conversation on how daily behaviors—honking, loud music, unnecessary noise—impact mental and environmental well-being.

The silence of the performers spoke volumes, making it clear that some problems don't need sound to be understood. The session left participants with a deep awareness of how often we take quiet for granted.

EVENTS REPORT

VASUNDHARA

Aftershock

Date: 27th February 2025

Centered around the environmental consequences of earthquakes, volunteers explained the science behind natural disasters and demonstrated eco-friendly ways to reduce the impact. Models and visuals were used to engage participants in discussions about preparedness and resilience.

The event emphasized the human role in increasing vulnerability through poor urban planning and environmental degradation. Volunteers also highlighted how sustainable construction can make a difference.



Cruel Effect of Tourism: Protecting Our Monuments



The National Service Scheme (Project - Vasundhara) at Sri Aurobindo College, University of Delhi, successfully organized the event "Cruel Effect of Tourism" on 1st April, 2025. As part of this event, we discussed the current condition of historical monuments that are being affected by tourism. We shared the causes behind this issue and suggested solutions to address it, aiming to raise awareness about the importance of preserving our cultural heritage. We extend our heartfelt gratitude to all the volunteers who participated in this important event. Together, we have taken a meaningful step toward making a positive impact on society and protecting our environment.

EVENTS REPORT

VASUNDHARA

MANN KI SAFAI – Clean the Mind and Soul, Heal the Soul

On 14th April 2025, the NSS unit of Sri Aurobindo College, University of Delhi, under Project Vasundhara, took a moment to pause, breathe, and reflect through Mann Ki Safai – Clean the Mind and Soul, Heal the Soul, held at Aravalli Biodiversity Park. Amidst rustling leaves and calm breezes, volunteers immersed themselves in mindful walks, nature-inspired activities, and the healing practice of letting go. The Let Go Tree stood tall as a symbol of emotional release, where thoughts were unburdened and spirits lightened. Volunteers shared personal reflections, encouraged each other, and soaked in the peace nature offered. It was not just an event—it was a shared exhale, a moment of collective stillness in the chaos of everyday life.



Green Udaan

Date: 17th April 2025

A collaborative project with HARA JEEVAN Foundation. Volunteers visited a government school and planted medicinal plants like tulsi and aloe vera. The children were taught their benefits, and everyone took a pledge to protect and nurture nature.

Beyond plantation, the session included storytelling, games, and hands-on interaction, ensuring that learning about nature felt fun and memorable for the children.

PROJECT WE- HEAL

Project We-Heal is a heartfelt initiative under the National Service Scheme (NSS) of Sri Aurobindo College that focuses on promoting mental well-being in today's fast-paced and emotionally demanding world. Led by a dedicated administrative body for the session 2024-2025—comprising Project Coordinator Dr. Kapil Garg, Project Head Aisha, Co-Head Saloni Kumari, and Executive Sohan Kaurav—We-Heal embodies the spirit of compassion, resilience, and emotional support. With a team of 11 devoted volunteers, the project envisions a college environment where emotional well-being is prioritized, dialogue around mental health is normalized, and every student feels seen, heard, and supported.

Staying true to the NSS motto "Not Me, But You," Project We-Heal organizes thoughtful and interactive events that nurture self-awareness, empathy, and personal growth. Throughout the academic year, the team conducted impactful initiatives such as "Blooming into Wellness," which encouraged holistic self-care practices, and "Language Heal," which explored how language learning contributes to mental resilience and self-confidence. Events like "Self-Harm Awareness" and "Hope Revived" on Suicide Prevention Day created safe, understanding spaces where students could discuss mental health struggles and build emotional strength as a community. Through "Speak Your Heart Out," participants were encouraged to share their journeys and connect through vulnerability, reinforcing the healing power of shared experiences.

Project We-Heal further deepened its outreach through creative and cultural engagement. "Rang Sangam" offered a therapeutic space where art was used as a tool for reflection and healing, while "State of Wonder - Cultural Odyssey" blended storytelling and traditional games to celebrate India's heritage and encourage meaningful social interaction. The project also brought festive warmth to underserved communities through "Festival Cheer," distributing diyas, sweets, and essentials during Diwali. With events like "Healing Ink" that explored writing as a coping mechanism, "Zen & Fun" that promoted mindfulness in nature, and "Revive and Thrive" that rekindled the joy of childhood games, We-Heal continues to promote emotional balance and collective well-being.

Through its sincere commitment to mental health advocacy, the project stands as a testament to the transformative power of empathy, creativity, and community care.

HEAD'S TESTIMONIALS

My NSS Journey: A Beautiful Rollercoaster Ride

My journey with NSS has truly been nothing short of amazing and unforgettable. Like any experience, it had its ups and downs—there were times I felt irritated or frustrated, but those moments were overshadowed by the countless joyful ones, especially the time spent with my fellow NSS members during events. Those memories are now treasures I'll carry forever.

I joined NSS in my first year with great enthusiasm. But by the end of the year, when I didn't receive my certificate, I felt deeply disappointed. I remember thinking, "Ab mujhe NSS chhod dena chahiye... jab certificate hi nahi milega toh kya fayda?" But something inside me told me to stay. And I'm so glad I listened to that voice—because destiny had something beautiful planned for me.

I didn't leave NSS, and today, I proudly stand as the Project Head of We-Heal (2024–2025). Truly, "Jo hota hai, achhe ke liye hota hai."

Becoming the Head of We-Heal brought so many wonderful people into my life. First and foremost, my incredible peers Saloni and Sohan—your kindness and constant support in decision-making during events meant the world to me.

To my guiding light, Dr. Kapil Garg, thank you for always encouraging me, for believing in me when I doubted myself, and for your constant support.

To all my beautiful and energetic volunteers—you all hold a special place in my heart. I wish I could name each one of you, but then this note would never end (haha!).

A heartfelt thank you and sorry to all NSS members—thank you for being so sweet and understanding. And I sincerely apologize if, at any point, I unintentionally misbehaved or made anyone feel uncomfortable—whether it was as the Head, the Decoration Lead, or even just a fellow volunteer.

And how can I forget our President Shreya? If it weren't for you, I wouldn't have received the position I truly deserved in NSS. Thank you, Shreya, for believing in me, for trusting that I could lead the Decoration Team, and for always being there.

This journey has given me so much—memories, leadership, friends, and a second home. I'll always carry the spirit of NSS in my heart.

Thank you, NSS. You made me who I am today.



AISHA
PROJECT HEAD, WE-HEAL



SALONI
PROJECT CO-HEAD, WE-HEAL

My experience with the National Service Scheme (NSS) has been nothing short of beautiful, especially during my time working alongside the project co-head of We Heal, an inspiring initiative dedicated to mental health awareness and support. Collaborating with such a passionate leader opened my eyes to the profound impact that empathy, active listening, and mental well-being can have on individuals and communities. Through workshops, outreach programs, and meaningful conversations, I not only grew personally but also witnessed how small acts of compassion could bring hope to many. This journey with We Heal under the guidance of a visionary project head has left an unforgettable mark on my heart and strengthened my commitment to social service and mental health advocacy.

Thankyou team NSS

My journey as an Executive of Project We Heal under NSS has been one of the most enriching phases of my college life. Being a part of a cause bigger than oneself truly made me understand the essence of the NSS motto — "Not Me But You."

This tenure gifted me more than I expected — a strong team of compassionate friends, lessons in empathy, and the opportunity to undergo real leadership training. Coordinating events, managing responsibilities, and ensuring smooth execution — all while attending regular classes — wasn't easy. There were days of fatigue and stress, but the impact we created made it all worth it.

The biggest reward of this experience was seeing the change we could bring into others' lives. Whether it was a small awareness session or a large-scale outreach program, every initiative was a step towards healing and helping. We Heal wasn't just a project — it was a movement that touched hearts, including mine.



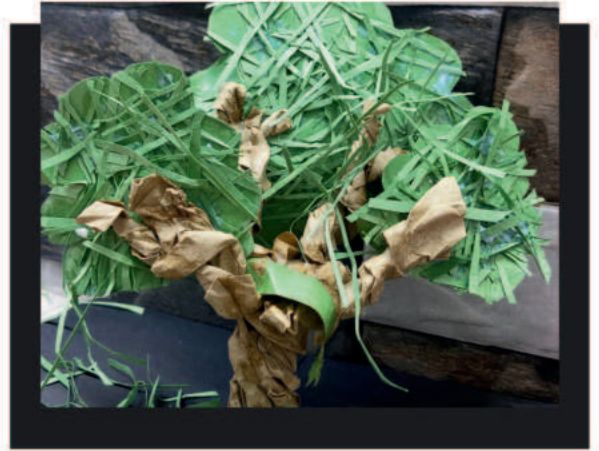
SOHAN KAURAV
PROJECT EXECUTIVE, WE-HEAL

EVENTS REPORT

WE- HEAL

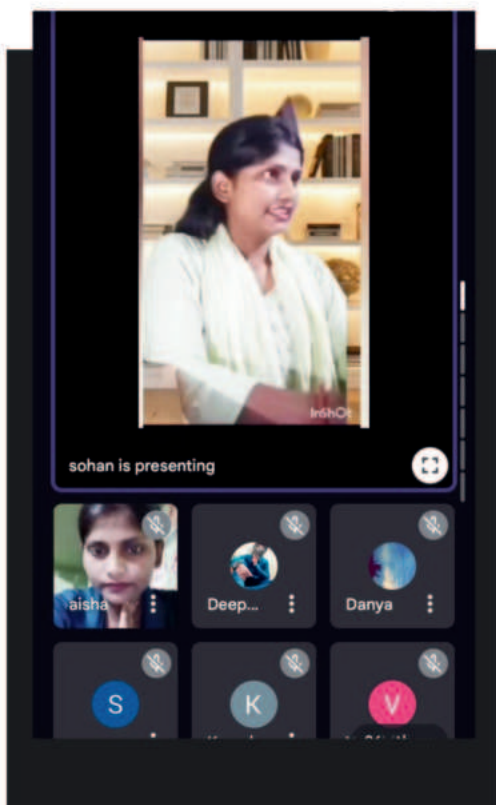
Self-Care Challenge

Project We-Heal organized the “Self-Care Challenge” under the theme Blossoming into Wellness from 8th to 13th July 2024, focusing on nurturing mental well-being and promoting emotional balance. Each day introduced a unique and thoughtful task encouraging participants to reflect, pause, and engage in acts of self-kindness and mindfulness. From journaling and gratitude exercises to relaxation techniques and digital detoxes, the event provided a safe and comforting space for students to reconnect with themselves. The challenge inspired participants to be gentle with their thoughts, prioritize mental health, and cultivate habits that support long-term wellness. Volunteers actively engaged and motivated everyone to stay consistent with their daily reflections, making the entire experience uplifting and wholesome. The event saw heartfelt participation, proving that small steps toward self-care can lead to powerful transformations. It was a beautiful reminder that healing is a journey best taken with intention and community support.



Language Heal

Project We-Heal conducted a heartfelt event titled Language Heal on 23rd July 2024, celebrating the power of words to connect and comfort. This unique session invited participants to share how learning a new language can heal emotional wounds, bridge cultural divides, and foster deeper empathy. The event created a warm space for reflections, storytelling, and mutual understanding, where voices came together to celebrate linguistic diversity and emotional expression. Through discussions, participants realized how words—spoken in any language—can carry compassion, kindness, and strength. The experience highlighted that language isn’t just a means of communication, but a tool for healing and harmony. Everyone left the session feeling more connected to themselves and others, inspired by the belief that learning languages also teaches us to listen with care and speak with purpose. The event radiated warmth, wisdom, and a shared love for meaningful conversations.



EVENTS REPORT

WE- HEAL

Self-Harm

Under the theme Self-Harm, Project We-Heal organized a deeply moving session on 20th August 2024 to foster awareness and promote mental well-being among students. The event provided a safe, empathetic space for open conversations about self-harm, its emotional roots, and healthy coping mechanisms. Through interactive discussions and reflective activities, participants were encouraged to understand their emotions and seek support without judgment. The session highlighted the importance of self-compassion and reaching out during difficult times, reminding everyone that pain does not define them. Volunteers guided the participants with warmth and sensitivity, sparking meaningful dialogue and solidarity. The event served as a healing space where silence was broken and support was shared—showing that even the smallest steps toward mental health matter. It was a reminder that behind every struggle is strength, and behind every scar is a story of survival and growth.



Hope Revived

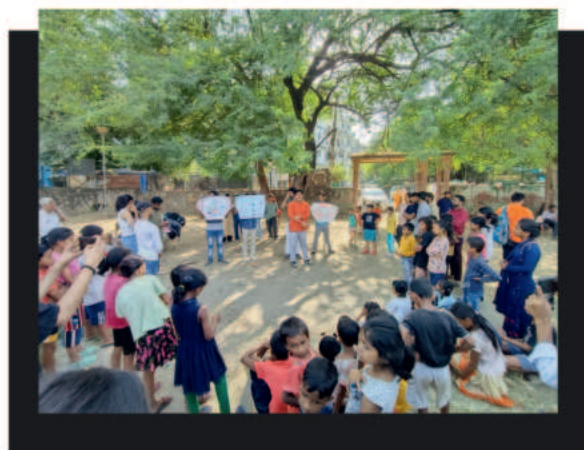
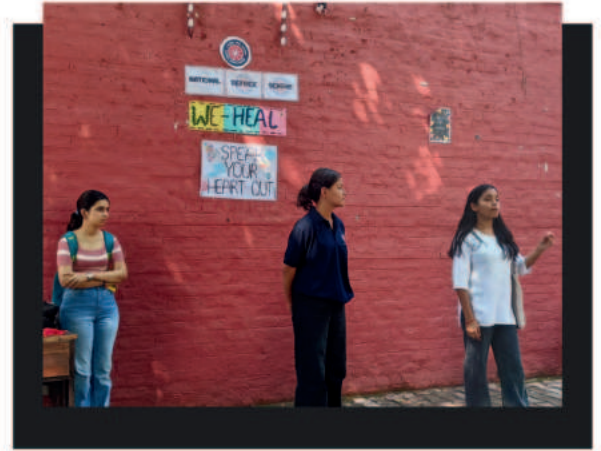
Under the powerful theme Hope Revived, Project We-Heal organized a heartfelt event on 10th September 2024 that centered around mental wellness, healing, and emotional support. The atmosphere was filled with compassion as participants engaged in therapeutic activities such as writing uplifting message cards, releasing balloons as symbols of letting go, and taking the Hope Pledge—a promise to choose healing every day. The session beautifully reinforced that hope can be reignited even in the darkest of times, and recovery becomes possible when shared with a caring community. It served as a reminder that no one is alone in their journey, and even the smallest acts of kindness can create a ripple of change. The event radiated positivity and unity, reminding everyone that healing starts with connection and continues with collective strength. The enthusiastic participation of students and volunteers alike made the event an inspiring success and a safe haven of hope.

EVENTS REPORT

WE- HEAL

Speak Your Heart Out

Under the comforting theme Speak Your Heart Out, Project We-Heal hosted a deeply emotional and supportive gathering on 20th September 2024. The event created a safe, judgment-free zone where participants were encouraged to open up, share, and unburden their hearts. Through heartfelt storytelling, personal reflections, and attentive listening, a space of empathy and emotional connection bloomed. The silence around hidden feelings and unspoken struggles was gently broken, allowing healing to begin through the simple but powerful act of being heard. Every voice was honored and every participant left a little lighter, embraced by a newfound sense of belonging and strength. The session beautifully reminded us all that healing begins when we give ourselves—and others—permission to speak freely. With open hearts and attentive ears, the volunteers and attendees made this event a warm, impactful, and memorable milestone in our mental well-being journey.



Poshan Maah – Padhai Bhi, Poshan Bhi

On 3rd October 2024, Project We-Heal lit up the college grounds with a thought-provoking and impactful Nukkad Natak under the theme "Poshan Maah – Padhai Bhi, Poshan Bhi." The street play served as a powerful medium to spotlight two fundamental pillars of childhood—nutrition and education. With expressive performances and heartfelt dialogues, the act shed light on the real-life struggles children face due to malnutrition and lack of access to proper schooling. It emphasized the need for balanced meals to fuel not only healthy bodies but also sharp minds. The performance captivated the audience and left a lasting impact, creating an emotional yet educational experience for all. Volunteers added vibrance to the event with their energy and enthusiasm, making the message even more compelling. The event successfully ignited conversations and encouraged students to reflect on their role in spreading awareness. Here's to nourishing bodies and enlightening minds, one performance at a time!

EVENTS REPORT

WE- HEAL

Rang Sangam - Art Workshop

On 5th October 2024, Project We-Heal, under the NSS Unit of Sri Aurobindo College, University of Delhi, organized a vibrant and soulful Art Workshop titled "Rang Sangam." The session served as a therapeutic space where participants explored their thoughts, emotions, and inner experiences through colors and creativity. With brushes in hand and minds open, everyone expressed their stories on canvas, turning emotions into artwork that spoke louder than words. The workshop beautifully blended creativity with healing, allowing a safe and nurturing environment for emotional release and connection. It highlighted the power of art in mental well-being and reminded everyone that healing can be colorful too. Huge gratitude to all participants and our ever-energetic volunteers who poured their hearts into making this event a beautiful success!



State of Wonder

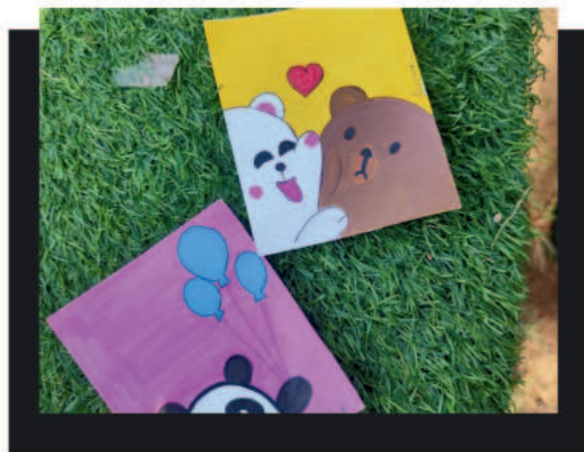
Celebrating the vibrant diversity of India, Project We-Heal hosted a lively and enriching event State of Wonder on 14th October 2024. The session transported participants across India's many states, highlighting their unique cultures, traditions, and identities. From language and attire to food and folklore, the event was a beautiful kaleidoscope of knowledge and celebration. Volunteers and attendees explored the nation's heritage with enthusiasm, actively participating in fun games, cultural trivia, and team-based activities that fostered communication and bonding. The air was filled with curiosity, laughter, and the joy of shared discovery. More than just a cultural exchange, the event served as a reminder of the unity that thrives in our diversity. It encouraged everyone to open their minds, step into new perspectives, and appreciate the vibrant spectrum that defines our nation. This memorable journey through India's essence left every participant a little more connected—to the country, to each other, and to themselves.

EVENTS REPORT

WE- HEAL

Festival Cheer: Be Happy

From 29th October to 1st November 2024, Project We-Heal brought Diwali's light and love to life through a heartwarming online initiative titled "Festival Cheer: Be Happy ." The event focused on spreading joy and festive spirit by distributing Diwali goodies to families in need, illuminating not just homes but also hearts. Through small yet meaningful gestures, volunteers reached out with warmth and kindness, reminding everyone that true celebration lies in sharing. The smiles received in return were brighter than fireworks, capturing the very essence of Diwali. This initiative reflected compassion in action and highlighted the importance of giving back to the community during festivals. The enthusiastic participation and generous contributions of our volunteers made this event glow with positivity and purpose. Project We-Heal truly turned the festival into a celebration of humanity and happiness, proving once again that happiness multiplies when shared.



Healing Ink - Transforming Pain into Art

From 20th to 22nd January 2025, Project We-Heal of the NSS Unit, Sri Aurobindo College, University of Delhi, successfully hosted the online event "Healing Ink". This event focused on the healing power of creativity, where participants and volunteers were encouraged to transform their emotional struggles and pain into meaningful expressions through art and writing. Through this creative journey, volunteers shared their stories and feelings, using their artwork as a therapeutic release. The event provided a safe space for participants to express themselves freely, discovering the power of creativity to heal and comfort. We extend our heartfelt thanks to all the participants and our incredible volunteers for making this event a success and turning pain into beauty and understanding.



EVENTS REPORT

WE- HEAL

Zen & Fun (Environmental Visit)

The National Service Scheme (Project - Vasundhara and We-Heal) of Sri Aurobindo College, University of Delhi, proudly organized an enriching event, Zen & Fun, focused on fostering environmental awareness and inner peace on [insert date]. This immersive experience offered a mindful connection with nature through meditation, yoga, and educational games. Participants engaged in guided mindfulness exercises amidst the greenery, gaining a deeper understanding of nature's importance and exploring how small actions can lead to meaningful environmental changes. With around 10-15 volunteers actively participating, the event was a perfect blend of relaxation and learning, emphasizing sustainability and the need for environmental stewardship. Through these collective efforts, we've taken a step closer to a healthier planet. Let's continue strengthening our bond with nature for a more sustainable tomorrow!



Revive and Thrive

On 21st February 2025, a wave of joy and warmth swept through the atmosphere as Projects We-Heal and Sahyog came together for the delightful event Revive and Thrive. Set amidst the open charm of a park, the day was packed with cheerful games, friendly banter, and moments that sparkled with pure happiness. Participants of all ages came alive in a shared space of playfulness, laughter, and positive vibes. The event wasn't just about fun—it was a celebration of reconnecting with the inner child, embracing community spirit, and creating pockets of joy amid our everyday routines. With vibrant energy and inclusive activities, it strengthened bonds, uplifted spirits, and brought everyone a little closer. The infectious enthusiasm of both volunteers and participants transformed the space into a sanctuary of smiles and togetherness. The day ended not just with tired feet but fuller hearts, reminding us how vital it is to pause and play. Here's to reviving spirits and thriving together!

EVENTS REPORT

WE- HEAL

Children's Delight

The National Service Scheme (Project - We-heal) of Sri Aurobindo College, University of Delhi, successfully organized a heartwarming visit to an orphanage on 19th April, 2025, under the title Children's Delight. This meaningful initiative aimed to bring joy, laughter, and love into the lives of young children. The event was filled with fun games, creative activities, storytelling, and heartfelt moments that made it an unforgettable experience for both the children and volunteers. By spending time with the little ones, we created magical moments that will forever be cherished—by us, and by the little stars we were lucky enough to meet. Through this visit, we were reminded of the importance of giving back and spreading happiness to those who need it most.



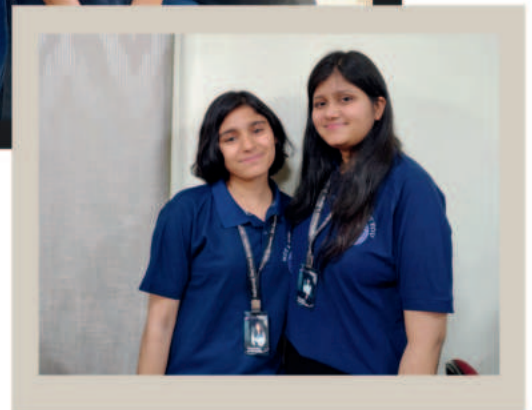
DEPARTMENT HEADS



2024-2025

In the heart of NSS lies a team that works quietly yet relentlessly the Department Heads, our true support system. They are the driving force that keeps the engine running smoothly, working behind the scenes 24/7 to ensure every project finds its direction and every plan reaches its goal. Their coordination, dedication, and strong bond with each other form the foundation on which the spirit of NSS thrives. It is through their tireless efforts and unity that ideas turn into impact, and challenges turn into achievements.

TECHNICAL TEAM



In a world where creativity meets functionality, the Tech Department of the NSS Unit at Sri Aurobindo College ensures the smooth execution of all our digital operations. From designing posters and social media posts to handling the technical setup during orientations and events, this team is the silent force behind our seamless presence. They don't just work behind the screens—they make the screens work for us, combining design, tech, and innovation to support every NSS initiative.

Team lead by :- Vanshika Mehrotra along with Khushi Singhal
Members:- Aastha, Taniya, Devansh, Govind, Piyush, Komal, Harshita, Satyam, Zeeshan, Anshul, Vikas

HEAD'S TESTIMONIALS

As I sit down to pen this, a wave of emotions floods over me. My NSS journey has been filled with growth, learning, and unforgettable memories.

It began in my first year with Action on Addiction, under the guidance of Chahal Didi—my head and like an elder sister. She always guided me, helped me through every high and low, and truly made me feel seen and supported. I was also part of the photography team, mentored by Divyansh Bhaiya and Ashish Bhaiya. Working with them was full of learning and laughter. Over time, they became like elder brothers—supportive and full of warmth.

In my second year, I was honored to become the Tech Head. I had the privilege of working under Shreya Didi, our President, who was never just a leader—she was a friend and a protective sister who pampered me and stood by me always. Khush Bhaiya, our ever-joyful Treasurer, brought smiles and fun even in chaos.

I also had the best Co-Head, Khushi Didi, whose support and coordination made everything easier. I remember looking at other departments where things weren't always smooth, and I felt so lucky to have her. She was thoughtful, dependable, and led with so much grace.

NSS gave me countless opportunities beyond what I had imagined—anchoring during our annual fest in my first year and then becoming the PR Head with my friend Raghav. From calming me down to solving every last-minute issue, he was a constant rock. Together, we handled everything with ease, and his support meant the world.

NSS gave me more than roles—it gave me a family. ANSSthesia—where we laughed till our stomachs hurt, shared every high and low, and made memories I'll carry forever.

As this chapter ends, I feel overwhelmed with gratitude. The guidance, the love, the pampering—NSS has been one of the most beautiful parts of my college life.

Thank you, NSS!



VANSHIKA MEHROTRA
TECH HEAD

I joined NSS as a volunteer with the desire to become a better individual. However, I never imagined that I would get the opportunity to serve as the Technical Co-Head of the society. This role brought immense learning, hard work, and growth. It taught me how to work under pressure, lead with clarity, and value every detail—no matter how small.

Every new task came with its own set of challenges, but in NSS, you're never alone. It was always teamwork that transformed overwhelming tasks into achievable goals.

A special mention to our President, Shreya Puri, and my Technical Head, Vanshika, for their constant guidance, support, and the wonderful bond we shared throughout this journey. Their presence made the experience even more memorable.

I'll carry so many memories with me—of small victories, late night meetings and the quiet satisfaction that comes from doing meaningful work behind the scenes. This role will always be one of the highlights of my college life.



KHUSHI SINGHAL
TECH CO-HEAD

SOCIAL MEDIA AND PHOTOGRAPHY TEAM



A picture speaks a thousand words, and our Photography and Social Media Department makes sure every visual tells a story of impact and inspiration. With an eye for moments that matter and a flair for curating content, this team captures the heart of our campaigns and ensures it reaches the right audience. From covering events like donation drives and awareness campaigns to managing our Instagram and other platforms, they don't just document—they amplify, transforming snapshots into stories that spark change.

Team lead by :- Dipesh Kumar along with Rishu

Members:- Alankrita, Danya, Deepak, Dilkhush, Drishti, Divyansh, Eesha, Kanak, Mahima, Komal, Prerna, Rohit, Shivang, Roshan, Sonali, Sonu, Aditi, Raj, Ram

HEAD'S TESTIMONIALS

Hi! My self Dipesh, A 2nd year student of Political Science Hons. Well my 2 years of journey in Nss, I made a lot of good memories, moments to share but here i'm sharing one of them, when I was in first year of Nss, So as a volunteer I participated in Winter Drive program (3 days event where clothes are collected and distributed to needy), As there were many wonderful programs organized by the project head with the help of volunteers and all NSS members but this was great for me because in this event I saw those people closely that how they manage themselves in normal clothes, very simple lifestyle.... children are in a simple shorts-shirt without slipper/shoes, women are in just a simple saree and how they are spending the peak winters and simple meal to eat. And I realized how this part of India is living without much resources!! So this one was really emotional for me. And here NSS is doing an extraordinary work in various fields, we all know it is not good enough but with these small steps we can achieve something big day by day.

Kudos to the teachers, core team, post holders and superb volunteers who contribute in this journey. 🍌🌺🌺



DIPESH
PHOTOGRAPHY AND
SOCIAL MEDIA HEAD

A Journey of Heart and Hands: My NSS Story

It started with a spark, a silent call to serve,
A step into the crowd, with passion and verve.
What began as a duty soon became my pride,
In the heart of NSS, I found my stride.

I joined the National Service Scheme under Project Sehyog as a volunteer, eager to contribute to something greater than myself. My initial days were spent serving the community—especially specially-abled individuals—helping them with their notes and assignments, and participating in various events designed to uplift and empower.

Within just a month, my journey took an unexpected but fulfilling turn. I was promoted to Photography and Social Media Co-Head, entrusted with leading a team of 18-19 members. From capturing every event through my lens to creating impactful reels and managing social media narratives, I embraced the responsibility wholeheartedly. This role became my training ground—not just in creativity, but in leadership, teamwork, and meeting deadlines under pressure.

The experience taught me how to guide a team, stay calm during chaos, and find joy in service. It showed me that leadership isn't about giving orders, but about lifting others up and working as one.

A heartfelt thank you to our President, Shreya Puri—the soul of our NSS family. Your guidance, belief, and endless encouragement made this journey not only possible but beautiful.

NSS gave me more than a title. It gave me friendships that feel like family, moments of service that shaped my values, and a deep sense of purpose. It reminded me that even the smallest acts of kindness can echo loudly in someone's life.

So here's to service, to stories untold,
To hearts that are young, and spirits bold.
With NSS, I learned to care and give
Not just to serve, but truly live.



RISHU RAJ
PHOTOGRAPHY AND
SOCIAL MEDIA CO-HEAD

CONTENT TEAM



Words have the power to shape minds and spark movements, and our Content Department wields that power with creativity and care. From drafting impactful captions to scripting powerful campaign messages, this team crafts the voice of NSS Sri Aurobindo College. Be it blog posts, social media updates, or speeches for events—our writers don't just inform, they ignite thought and action through every sentence they write.

Team lead by :- Aditi Dwivedi along with Prachi

Members:- Parth, Stuti, Soni, Soumya, Sonia, Isha, Sakshi, Sneha, Shriyash, Naveen, Avinash, Drishya, Katyayni, Alka, Vaibav

HEAD'S TESTIMONIALS

When life presents you with the opportunity to work with NSS, you make the most of it—and that's exactly what I did during my tenure. Each day brought something new, whether it was helping others or organizing even the smallest of events. Over time, it became a part of my daily routine, and I truly began to enjoy every moment of it. Looking back, I realize that NSS played a pivotal role in shaping my journey. It wasn't always easy—there were challenges and turning points—but every experience contributed to my growth. For me, life and NSS have moved in parallel, hand in hand. Serving as the Content Head was a journey filled with learning, hard work, and fulfillment. I am deeply grateful for all the opportunities, the lessons, and the memories that came with it.



ADITI DWIVEDI
CONTENT HEAD



PRACHI
CONTENT CO-HEAD

Being a part of the National Service Scheme (NSS) has been one of the most enriching chapters of my college life. From starting as a volunteer to stepping into the role of Co-Head of the Content Team, this journey has been full of learning, growth, and meaningful impact.

It wasn't always easy there were long nights, tight deadlines, back-to-back meetings, and times when balancing academics with responsibilities felt overwhelming. Juggling multiple tasks, coordinating with team members, and ensuring that every piece of content aligned with the vision of the campaign tested my patience and time management skills. But despite the chaos and the pressure, it was all worth it.

Each challenge pushed me to become more disciplined and resilient. There was something incredibly fulfilling about meeting those deadlines, seeing our work make a difference, and knowing that our words had the power to inspire action. The late hours and last-minute edits turned into lessons I'll always carry with me.

What made this journey truly special was the sense of purpose and the people I met along the way. Collaborating with passionate, like-minded individuals gave me the motivation to keep going, even on the toughest days. I've not only grown as a content creator and leader but also as a person who believes in service beyond self.

NSS has given me memories, mentors, and moments I'll always cherish. And more than anything, it has instilled in me the belief that no effort is too small when it comes to making a difference.

SAMVIDHAN JYOTI

‘Samvidhan Jyoti’ – A Tribute to the Architect of Modern India

Date: April 13, 2025

“Dr. Ambedkar envisioned not just a legal document, but a framework for social transformation.”

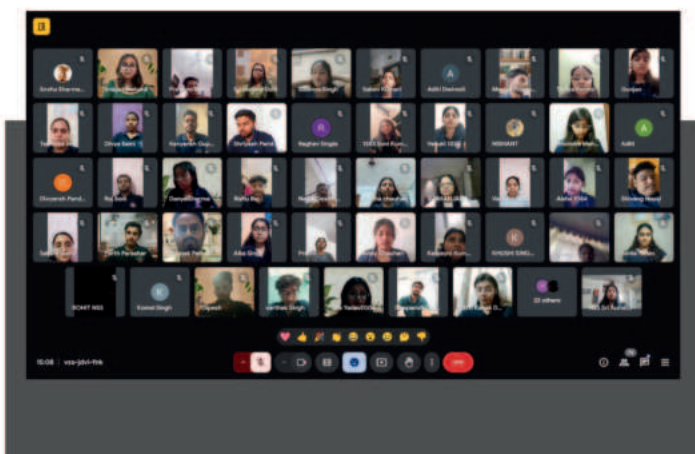
On the eve of Dr. B.R. Ambedkar's birth anniversary, the National Service Scheme (NSS) Unit of Sri Aurobindo College, University of Delhi, organized a thoughtful virtual event titled ‘Samvidhan Jyoti’, paying tribute to the Father of the Indian Constitution and his timeless legacy. Held on April 13, 2025, the initiative aimed to instill constitutional awareness and honor the democratic principles laid down by Dr. Ambedkar.

With close to 100 attendees, including students, volunteers, and faculty, the session served as an enriching experience. The event featured a compelling keynote address by Dr. Rounak Pathak, who also presided as the judge for the Declamation Competition. Dr. Pathak spoke on the enduring vision of Dr. Ambedkar, emphasizing how his work continues to shape a just and equitable India.

The declamation competition, themed “The Role of Dr. B.R. Ambedkar in Constitution Making and the Challenges Faced by the Constitution in the 21st Century,” invited speakers in both Hindi and English. The participants offered insightful reflections, addressing present-day threats to constitutional values and reinforcing the importance of preserving Dr. Ambedkar’s ideals.

The event was conceptualized and executed by the Content Team of NSS Sri Aurobindo College, under the mentorship of Professor Subhanali Chopra, Programme Officer of NSS. The leadership of Shreya Puri (President), along with active support from Parth, Stuthi, and Aditi Dwivedi, ensured the smooth execution of this impactful initiative.

‘Samvidhan Jyoti’ stood as more than a tribute—it became a call to action for young citizens, urging them to uphold the democratic fabric of the nation. The programme reminded everyone that the Constitution is not a static document, but a living guide to justice, liberty, and equality in a rapidly evolving world.



EXECUTIVES



The Executive Board may have had only seven members, but they were the glue holding everything together. Always in sync, always on their toes, they made sure nothing slipped through the cracks. The moment you heard “Executive Board,” you knew they had that vibe—soft when they needed to be, bold when the time called for it. Calm in chaos, strong in silence, and always present—no spotlight needed. From handling back-to-back events to last-minute chaos, they stood tall without ever making it about themselves. Whether it was planning at 2 AM, or stepping in when no one else could, their commitment never wavered. They weren’t just a team—they were the quiet backbone, always making sure NSS never missed a beat.

Senior Executive:- Himanshu

Project Executives:- Aastha, Zoya, Manish, Raghav, Izhar, Sohan

SENIOR EXECUTIVE TESTIMONIAL

This tenure as a Senior Executive has been a journey of learning, leadership, and growth. My primary focus throughout was to ensure smooth coordination between the core team, post holders, and volunteers. Whenever confusion or disagreements arose, I tried to be the bridge—bringing clarity, calmness, and resolution. I've always believed that good communication can solve most things, and that belief helped me maintain harmony across teams. One of the most fulfilling experiences was managing the Gaushala Daan project—from planning to on-ground execution—completely on my own. It tested my patience, presence of mind, and commitment, and I'm proud of the way it turned out. This tenure wasn't just about completing tasks—it was about making sure everyone moved forward together.

Himanshu
Senior Executive



FLAGSHIP EVENTS

VATSALYA GAUSHALA

National Service Scheme of Sri Aurobindo College Hosts 'Vatsalya Gaushala' Visit to Promote Compassion, Reflection, and Service

New Delhi, April 15 – In a graceful blend of spiritual reflection and community service, the Executive Board of the National Service Scheme (NSS) Unit of Sri Aurobindo College, University of Delhi organized a special event titled 'Vatsalya Gaushala', inspired by the words of Sri Aurobindo:

“The cow is the divine mother in animal form, and her service brings prosperity and peace.”

The enriching event, held from 9:00 AM to 2:00 PM, began with volunteers assembling at Sri Aurobindo College. It opened with a thoughtful session on the significance of Gaushala Daan, focusing on its deep cultural, spiritual, and humanitarian relevance. Volunteers reflected on the timeless values of dharma (righteousness), ahimsa (non-violence), and seva (selfless service)—core principles of Dharmic traditions.

Following this reflective beginning, the group proceeded to Kishangarh, near Mehrauli Gaushala, where they observed the practices of the Gaushala, interacted with the caretakers, and immersed themselves in the quiet service of the animals. The visit offered an insightful experience on the role of compassion, simplicity, and everyday service in building a more humane society.

The event was conducted under the leadership and guidance of Prof. Arun Choudhury (Principal), Professor Subhanjali Chopra (NSS Programme Officer), Shreya Puri (President), Himanshu (Senior Executive), along with executive board members Raghav Singla, Sohan Kaurav, and Izhar, whose collective efforts ensured the smooth and meaningful execution of the initiative.

With the active participation of faculty members, professors, program volunteers, and students, 'Vatsalya Gaushala' stood as a soulful reminder that even small acts of kindness—when done with intent—can carry immense significance.



FLAGSHIP EVENTS

SHARE THE WARMTH – CLOTH DONATION DRIVE – A SUCCESSFUL INITIATIVE

The National Service Scheme (NSS) at Sri Aurobindo College, University of Delhi, proudly shares the tremendous success of our "Share The Warmth – Cloth Donation Drive," which took place from 2nd to 10th January 2025. This initiative aimed to provide warmth and comfort to those in need, and the results were nothing short of heartwarming.

Throughout the days of the drive, students across the college campus, as well as offline participants who coordinated with their neighboring areas, came forward to donate gently-used clothes. The response was overwhelming, with donations flooding in from all corners of the community. Each piece of clothing was more than just fabric; it was a message of kindness, hope, and compassion, offering comfort to those who face the harsh cold of winter without sufficient protection.

The collected items were carefully sorted and organized, ready for distribution on 10th January 2025 at the Uday Foundation, an esteemed organization dedicated to uplifting the underprivileged. The distribution event, held at 10:30 AM, was an experience that left everyone involved feeling deeply fulfilled. With meticulous coordination, the team ensured that the clothes reached individuals who were most in need, offering them not just warmth, but dignity and hope.

The gratitude we witnessed from the recipients was profound, reminding us all of the impact a simple act of kindness can have. This initiative was not just about donating clothes; it was about creating a ripple effect of goodwill, reminding us that even in times of difficulty, small acts of care can bring great change.

We extend our heartfelt thanks to all the volunteers, donors, and participants who made the "Share The Warmth" drive a success. Your generosity and dedication have touched many lives, and your involvement has made a lasting difference in the community.

Let us continue to remember that what we may see as "waste" can become someone else's treasure, and together, we can make the world a kinder place for all.



FLAGSHIP EVENTS

YUVA BUDGET TALK

“Your Future, Your Budget”

POST-EVENT REPORT

Date: 12th August, 2024

Venue: Reading Room, Sri Aurobindo College

“The budget is not just a collection of numbers, but an expression of our values and aspirations.”

— Jack Lew

In an initiative to foster financial awareness and civic engagement among the youth, the National Service Scheme (NSS) unit of Sri Aurobindo College, University of Delhi, successfully hosted the Yuva Budget Talk on August 12, 2024.

This intellectually stimulating session was designed to break down the Union Budget 2024-25 through a youth-centric lens, encouraging volunteers to reflect, react, and respond to the policies that shape their present and define their future.

The event commenced with a formal opening by the hosts, who laid the foundation for the discussion by underlining the budget's role in influencing national priorities. A pre-circulated PowerPoint presentation, curated by the core team, enabled attendees to come prepared and engage more meaningfully. The session's structure was kept simple yet impactful: informative presentations followed by an open house discussion, designed to not only inform but empower.

The core members presented a comprehensive overview of the budget, with a spotlight on allocations related to education, employment, healthcare, and welfare. Special emphasis was placed on policies directed at the youth and women, decoding the numbers to reveal their deeper social and economic impact. From digital learning initiatives and skill development to provisions for mental health and safety measures for women, the presentation explored how the budget proposes to foster inclusivity and opportunity.

What followed was a spirited open-floor discussion, where volunteers offered thoughtful observations, constructive critiques, and fresh perspectives. Key themes that surfaced included the importance of mental wellness infrastructure, the gig economy and its intersection with social security, inclusive growth for marginalized youth, and the practical outreach of women-centric schemes.

The session not only encouraged analytical thinking but also instilled a sense of ownership among the participants over national development narratives. Yuva Budget Talk exemplified the power of informed dialogue and youth engagement in policymaking—reminding us that when young minds speak up, the nation listens.



FLAGSHIP EVENTS

BLOOD DONATION CAMP

A Milestone of Compassion and Commitment

POST-EVENT REPORT

Date: 4th March 2025

Venue: Sri Aurobindo College Campus

In Collaboration With: Red Cross Society

“The smallest act of kindness is worth more than the grandest intention.” — Oscar Wilde

Marking a landmark moment in its journey of service, the National Service Scheme (NSS) of Sri Aurobindo College, University of Delhi, proudly hosted its 100th event—a Blood Donation Camp in collaboration with the Red Cross Society—on 4th March 2025. This event was not only a celebration of numbers but a celebration of compassion, unity, and shared humanity. The camp was organized within the college premises and witnessed spirited participation from students, teaching and non-teaching staff alike, all coming together to champion the noble cause of saving lives.



With 49 units of blood successfully collected during the camp, each donor contributed a lifeline for someone in need. These units are not just quantities—they are stories of survival, moments of relief for families, and symbols of the collective strength of a community driven by empathy. The seamless coordination and professional assistance of the Red Cross Society ensured that the entire process was carried out with utmost care, safety, and efficiency, instilling confidence and comfort among first-time and regular donors.

The significance of this 100th event lies not just in its scale but in its spirit. It reflected how small actions, when performed with sincerity, can ripple into life-altering impacts. The volunteers, too, played an integral role—managing logistics, comforting donors, and keeping the energy of the camp warm and welcoming. Their dedication reminded everyone that service is not always loud; sometimes it's as gentle as a smile and as powerful as a single donated drop.

This milestone reinforced NSS Sri Aurobindo College's unwavering commitment to public welfare and social responsibility. As the journey continues beyond this 100th mark, the message remains the same—kindness, no matter how small, can be a lifeline for someone else.

FLAGSHIP EVENTS

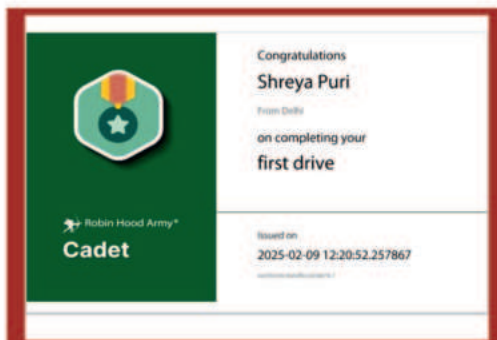
FOOD DONATION DRIVE

Food Donation Drive with Robin Hood Army
National Service Scheme
Sri Aurobindo College, University of Delhi
Date: 9th February 2025

"A small act of kindness can create a ripple effect that lasts a lifetime."

On 9th February 2025, the National Service Scheme (NSS) unit of Sri Aurobindo College, in collaboration with the Robin Hood Army, participated in a meaningful Food Donation Drive at the Majnu Ka Tila slum area. This collaborative initiative aimed to extend support to underprivileged families by distributing food and essential supplies, reinforcing the spirit of service and compassion.

Over 250 food packets were distributed during the drive, with active participation from NSS volunteers who contributed their time, energy, and efforts toward making the event impactful. The day witnessed an overwhelming sense of purpose and solidarity, as volunteers connected with local residents through small acts of care and support.



The drive was more than just a distribution of resources—it was an experience that reflected empathy, community bonding, and human connection. Volunteers also organized fun-filled activities for the children in the area, spreading joy and laughter, and transforming the initiative into a celebration of kindness.

As the event concluded, the team captured group photographs to preserve the spirit of togetherness and social commitment that defined the day. The NSS unit extends heartfelt gratitude to the Robin Hood Army for initiating this cause and for giving NSS volunteers the opportunity to contribute meaningfully.

This drive stands as a reminder of the power of collaboration and the deep impact that community service can bring. The NSS unit remains committed to supporting such causes in the future with the same passion and dedication.

FLAGSHIP EVENTS

EMPOWERED TO RISE: 10-DAY SELF-DEFENCE WORKSHOP FOR WOMEN'S SAFETY AND STRENGTH

(18th March – 28th March 2025)

The National Service Scheme of Sri Aurobindo College, University of Delhi, in collaboration with SAMVEDNA – The Gender Sensitization Forum and PAAKHI – The Women Empowerment Cell, successfully organized a 10-day Self-Defense Workshop from 18th March to 28th March 2025, exclusively for the girls of the college. Conducted under the guidance and expertise of Delhi Police this initiative marked a proactive and much-needed stride towards women's safety, empowerment, and self-reliance.

The sessions were led by HC Urmila Ma'am, HC Suchitra Ma'am, and HC Asha Ma'am, who brought with them extensive field experience, practical knowledge, and an inspiring commitment to the cause. Each session began with warm-up exercises and moved into interactive, real-world scenario-based training. The focus was on equipping participants with self-defense techniques that emphasize presence of mind, swift reaction, and effective physical response to threatening situations.



Beyond physical training, the workshop placed strong emphasis on educating participants about legal rights, emergency resources, and the psychological strength required to handle crises. These comprehensive sessions aimed to build not only confidence but also situational awareness, helping young women feel secure and prepared in everyday environments.

With more than 90% attendance over the course of the program, the workshop witnessed enthusiastic engagement from participants. Daily refreshments were arranged to ensure students remained active and energized throughout the sessions.

This workshop was not merely a training event—it was a transformative journey towards strength, confidence, and independence. Through this initiative, NSS reaffirmed its commitment to fostering a safe and empowered community for women.

FLAGSHIP EVENTS

TEACHERS' DAY FIESTA – A TRIBUTE TO OUR GUIDING LIGHTS



The National Service Scheme of Sri Aurobindo College, University of Delhi, organized a heartfelt celebration on the occasion of Teachers' Day, held on 5th September 2024 at 10:00 AM. The event aimed to acknowledge and appreciate the dedication and influence of teachers who play a vital role in shaping not just academic journeys, but the overall character and future of students.



The celebration began with a traditional lamp lighting ceremony in reverence to Goddess Saraswati, marking the start of a day filled with gratitude and admiration. The event hosts spoke about the profound impact teachers have on students' lives, not only as educators but also as mentors and role models.

As a token of appreciation, teachers were presented with handmade souvenirs such as paper flowers, flower pots, greeting cards, and bouquets, all created with care by the volunteers. These gestures served as a symbol of the respect and affection students hold for their teachers.

The celebration continued with a series of engaging cultural performances by students, including music, dance, and expressions of appreciation through poetry and short speeches. A special segment of the event included a game of tombola, which saw enthusiastic participation from both teachers and students. The game fostered a light-hearted and joyful atmosphere, offering a much-needed moment of fun and connection.

To add a personal touch to the festivities, several teachers also contributed with musical performances, creating a memorable and warm environment that strengthened the bond between faculty and students. The event concluded with group photographs, shared laughter, and a sense of togetherness that reflected the spirit of the occasion.

Thanks to the combined efforts of NSS volunteers and the supportive faculty, the Teachers' Day Fiesta successfully celebrated the selfless commitment and invaluable guidance of our educators. It was a day dedicated to honoring those who continue to shape generations with patience, knowledge, and compassion.

FLAGSHIP EVENTS

HEARTS UNITED

Bridging Hearts, Building Humanity

Date: 10th October 2024

“Service to others is the rent you pay for your room here on Earth.” — Muhammad Ali

In its unwavering pursuit of service and solidarity, the National Service Scheme (NSS) unit of Sri Aurobindo College, University of Delhi, successfully organized Hearts United—a heartwarming outreach initiative held at The Earth Saviours Foundation, Bandhwari Village, Gurugram. This event served as a beautiful reminder of the power of empathy and human connection, engaging over 50 NSS volunteers in a full day of meaningful contributions.

The day began with a warm reception by the NGO team, who shared inspiring insights into their work for the elderly and abandoned, setting the tone for a day of compassion in action. Volunteers rolled up their sleeves to assist with meal preparation, kitchen service, and distribution—each task carried out not as a duty, but as an act of love and solidarity.

What truly elevated the experience were the conversations—deep, emotional, and unforgettable—between the residents and the volunteers. These exchanges built a bridge of understanding between generations, where stories were shared, smiles exchanged, and dignity honored.

In addition to hands-on support, the day was brought alive through cultural expressions. Volunteers organized a series of performances, from soul-stirring poetry to cheerful songs and energetic dance numbers, infusing the space with joy and laughter. As a gesture of care and contribution, the NSS unit donated over 35 kilograms of fresh fruits to the foundation, further supporting the health and well-being of the residents.

This outreach was more than just a visit—it was a lived experience of compassion, community, and shared humanity. It provided volunteers with a chance to see beyond themselves, to connect with lives different from their own, and to walk away with hearts a little fuller and perspectives a little broader. Hearts United stands as a glowing testament to the NSS spirit: where action meets empathy, and service transforms into soulful impact.



FLAGSHIP EVENTS

EK PED MAA KE NAAM

Under the banner of Project Vasundhara, the National Service Scheme (NSS) unit of Sri Aurobindo College, University of Delhi, organized a week-long campaign titled “Ek Ped Maa Ke Naam”, beginning on Nature Conservation Day, July 28, 2024. The initiative aimed to honor the nurturing essence of Mother Earth by encouraging acts of sustainability, responsibility, and environmental mindfulness.

Throughout the week, volunteers participated in a variety of activities centered around nature conservation. The campaign was kickstarted with a symbolic gesture—planting a sapling in the name of one’s mother, signifying how the roots of both love and nature run deep. Volunteers shared heartfelt pictures with their plants, adding personal stories and emotional connections that resonated across social media platforms.



The following days were dedicated to practical, hands-on activities including:

Showcasing homegrown medicinal plants like Tulsi, Aloe Vera, and Neem, along with their health benefits.

DIY sustainable projects, promoting upcycling and zero-waste lifestyle hacks.

“Conservation Steps” Challenge, where volunteers documented eco-friendly habits like reducing plastic use, saving water, and conserving electricity.

A reflective Pledge for Mother Earth, where volunteers publicly committed to protect and nurture the planet in their daily lives.

One of the campaign’s strongest aspects was its ability to turn individual efforts into a collective movement. By blending personal expression with environmental action, “Ek Ped Maa Ke Naam” not only spread awareness but also instilled a deeper emotional connection with nature.

The campaign concluded with immense participation, inspiring content, and a strengthened belief in the idea that honoring nature is, in itself, an act of love. Through this initiative, the NSS Vasundhara team reaffirmed that small steps, when taken together, can lead to powerful change — one sapling, one home, and one heart at a time.

FLAGSHIP EVENTS

YAMUNA CLEANLINESS DRIVE

On 1st October 2024, the National Service Scheme Unit of Sri Aurobindo College, University of Delhi, undertook a powerful and purpose-driven initiative—The Yamuna Cleanliness Drive, held at Kalindi Kunj Ghat, a site that stands not just as a riverbank but as a symbol of spiritual, ecological, and cultural significance.

This flagship event marked a remarkable collaboration, with support from Vasudha (Environmental Society of Ramjas College, DU), Green Brigade (Environmental Society of CVS, DU), NSS Bhimrao Ambedkar College, and in collaboration with Green Pencil Foundation and Jagran Connect. The drive was a compelling example of what youth-led action, unity, and dedication can achieve when directed toward the service of the environment.

The event began with a powerful briefing session where the significance of the Yamuna and the environmental degradation it currently faces were discussed in depth. Volunteers were then divided into specific groups to systematically cover targeted zones of the ghat: the riverbank steps, surrounding greenery, and the roadside stretch. Equipped with gloves, masks, and biodegradable waste bags, each group carried out tasks ranging from waste collection, plastic segregation, and ****awareness campaigning*** to on-ground slogan raising for river rejuvenation and environmental conservation.

With over 200 volunteers participating across colleges and organizations, the drive witnessed an overwhelming wave of energy and determination. The youth, armed not just with equipment but with empathy and awareness, gathered every piece of discarded plastic, every wrapper, and every pollutant, transforming the riverbank from a cluttered site into a cleaner, safer, and more respectful public space.

This initiative wasn't just about physical cleaning—it was also a deep reminder of our collective responsibility. Participants spread messages on water conservation, environmental respect, and the urgent need to restore our natural water bodies. Through visual placards, interactive conversations with bystanders, and energetic chants echoing through the ghat, the volunteers became active agents of awareness.

Beyond its immediate impact, the Yamuna Cleanliness Drive was a symbolic yet solid step toward environmental renewal, community engagement, and youth activism. Every bag of waste collected became more than trash—it became a token of commitment, a promise of sustainability, and a spark of environmental consciousness.

With this event, NSS Sri Aurobindo College reaffirmed its vision to build a future where nature is nurtured, not neglected. A cleaner Yamuna begins with awareness, and awareness begins with action. Through this drive, we've not just cleaned a riverbank—we've ignited a movement.

And this, is just the beginning.



FLAGSHIP EVENTS

INDEPENDENCE DAY SPECIAL- PANCH PRAN OATH CEREMONY

Date: 15th August, 2024

“Freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed.”
— Martin Luther King Jr.

To honor the spirit of freedom and fortify a shared vision for the nation's future, the National Service Scheme (NSS) unit of Sri Aurobindo College, University of Delhi, organized a meaningful and reflective event on August 15, 2024, centered around the Panch Pran Oath. As the tricolor soared high and the national anthem resonated across the college grounds, students, faculty, and volunteers stood united not just in celebration, but in commitment.



This year's Independence Day celebration was unique in its approach—focusing less on festivities and more on a collective reaffirmation of values that define India's journey ahead. The ceremony spotlighted the five vows of Panch Pran, introduced to instill a renewed sense of duty, unity, and responsibility. Through a united pledge, volunteers promised to contribute to the nation's development, preserve its unity, promote constitutional values, respect its cultural legacy, and dedicate themselves to the creation of a sustainable and inclusive future.

Each line of the oath served as both a reminder and a call to action—inviting the youth to not only remember the sacrifices of the past but also to become torchbearers of the future. The gravity of the occasion, infused with purpose and pride, made the day more than just a national holiday. It became a moment of clarity, where freedom was not merely celebrated but consciously understood and protected.

The event reaffirmed NSS's enduring commitment to shaping socially aware and responsible citizens, reinforcing that patriotism is not seasonal—it is practiced in the everyday actions that build a better tomorrow.

COMMUNITY CONNECT

Frames of Purpose, Footsteps of Change
Not every journey begins with a map
some start with intent,
with a hand extended,
with hearts that choose to show up.
From parks that whispered stories of nature
to homes that held silent hopes
we listened, we learned, we loved.
Each visit was more than a moment,
it was a quiet revolution
of care, of connection, of courage.
This page holds the stills,
but the real impact?
It moved, it spoke,
and it stays
not just in these photographs,
but in the lives, we touched
and the ones that touched us back.

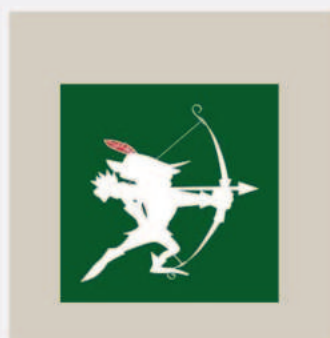
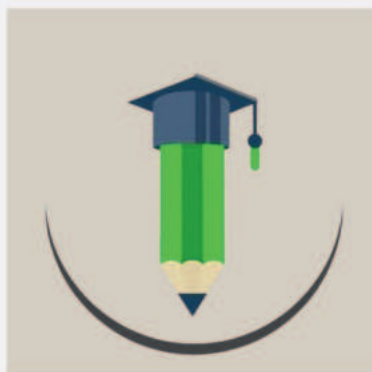
This page captures glimpses from our visits moments of connection, learning, and service of 24 - 25

From schools to shelters, parks to homes, each photo reflects a step taken with purpose.

Together, they tell the story of our commitment to reach, engage, and make a difference.

REPRESENTING NSS SAC

COLLABORATIONS



REPRESENTING NSS SAC KIDDO FEST

**Project Kilkari Shines at Kiddo Fest 2025" – A Victory to Remember
(27th March 2025)**

The National Service Scheme (NSS), under Project Kilkari, Sri Aurobindo College, University of Delhi, is proud to celebrate the remarkable achievement of our Paathshala children, who secured the 1st Prize at "Kiddo Fest 2025", hosted by Shri Ram College of Commerce on 27th March 2025.

Our young participants took part in the Dance Competition, presenting a powerful and captivating performance on the theme of Goddess Kali. Through fierce expressions, bold movements, and a spirited stage presence, they beautifully depicted the divine strength, fearlessness, and protector spirit of Maa Kali. Their intense and dynamic act, portraying the destruction of evil and triumph of righteousness, left a lasting impact on the audience and the panel of judges alike.

This outstanding performance was the result of dedicated practice, teamwork, and the enthusiasm of every child involved. The performance not only brought home a trophy but also instilled a deep sense of confidence and pride among our students.

To commemorate this achievement, each participating child will be awarded a certificate of appreciation for their talent and hard work.

We extend our sincere gratitude to everyone who contributed to this enriching experience — from volunteers and coordinators to the mentors who guided the children at every step. This victory is more than a win — it is a celebration of empowerment, expression, and the joy of learning.



REPRESENTING NSS SAC

NSS SAC Volunteers Participate in Inter-NSS PPT Competitions

The National Service Scheme (NSS) unit of Sri Aurobindo College, University of Delhi, proudly marked its presence in two significant inter-college PowerPoint Presentation (PPT) competitions organized by NSS IIT and NSS SRCC.

As part of the NSS IIT Inter-College PPT Competition, held in early 2025, a team of four volunteers — Aditi Dwivedi, Vanshika Mehrotra, Raghav Singla, and Dipesh Kumar — represented NSS SAC. The team presented on socially relevant themes aligned with the values and objectives of the National Service Scheme. Their presentation combined in-depth research, visual storytelling, and innovative ideas, earning appreciation from peers and judges alike.

Building on this experience, the same team, joined by Stuti Srivastava, participated in the Inter-NSS PPT Competition conducted by NSS SRCC. The group demonstrated a high level of coordination and content clarity while highlighting the impact of NSS initiatives in their college and beyond. Their dedication to social awareness and academic expression was clearly reflected in the quality of their presentation.

Both events served as excellent platforms for the volunteers to engage with students from various colleges, exchange ideas, and represent NSS SAC's commitment to community service, innovation, and youth empowerment.

These participations were a testament to the enthusiasm and preparedness of the volunteers, and their efforts significantly contributed to strengthening inter-unit collaboration within the NSS network.



THE CENTURY CHAPTER

A Milestone of Commitment and Community Impact

National Service Scheme, Sri Aurobindo College (Morning), University of Delhi

In a remarkable display of dedication and collective spirit, the National Service Scheme (NSS) of Sri Aurobindo College (Morning), University of Delhi, successfully marked the completion of 100 impactful events within a span of just 10 months. To commemorate this achievement, a celebratory event was held on 4th March 2025, in the presence of the college faculty, volunteers, and core team members.

The celebration served as both a moment of reflection and recognition — highlighting the consistent efforts of the volunteers across various initiatives. From environmental campaigns like 'Ek Ped Maa Ke Naam' and the Yamuna Cleanliness Drive, to social outreach programs including food and cloth donation drives, Poshan Maah, and mental health awareness sessions, each event contributed meaningfully to the overarching mission of the NSS: Not Me, But You.

The event commenced with an address acknowledging the relentless enthusiasm and service-driven mindset of the volunteers, followed by a symbolic cake-cutting ceremony that celebrated this collective success. A surprise cultural performance by NSS volunteers brought vibrancy and joy to the occasion, reflecting the unity and creative energy of the team.

As the event concluded, heartfelt appreciation was extended to the teaching faculty for their continuous support and to every volunteer whose contributions made this milestone possible. The celebration not only honoured past accomplishments but also reaffirmed the NSS unit's commitment to carrying forward its vision of community welfare and youth-led change.



THE CENTURY CHAPTER

A Hundred Times We Served

— A Poem for Our 100th Event Milestone

We began with a badge, a name, a call,
Not knowing how far we'd go at all.
A hundred days, a hundred nights,
Of silent efforts, unseen fights.

From the first form filled to last banner hung,
In every anthem that we've sung,
We've given our time, our blood, our breath,
To serve a cause that's bigger than death.

Core to co-head, every role we've played,
In sleepless meetings, plans we laid.
Executives who stood till the very end,
Through burnt-out weeks that wouldn't bend.

We've carried boxes, written mails,
Faced setbacks, stress, and classic fails.
But never once did we step back,
Even when life cut us no slack.

We served not for glory, not for fame,
But for the power behind the name.
For the smile on a stranger's face,
For bringing light to a darker place.

For the cloths we folded, the plants we grew,
For every child we taught something new.
For every poster, every stall,
For standing strong when others fall.

So here's to the hundred we've left behind,
To the courage it took to stay this kind.
We don't just wear "NSS" on our sleeve —
We carry it in every breath we breathe.

Here's to the sweat, the chaos, the grace,
To the ones who built this sacred space.
A hundred moments stitched in thread —
Of passion, purpose, and words unsaid.

And we're not done — oh no, not yet.
A hundred's just our opening set.
Because when we serve, we serve with fire —
With love, with madness, with unshaken desire.

— By Shreya Puri



UNNATI'25



This year, the NSS unit of Sri Aurobindo College celebrated its annual fest, Unnati, with the inspiring theme "Bharat to Beyond." The campus buzzed with energy as students from various colleges participated in a vibrant mix of events — from powerful nukkad natak and intense debates to soulful singing, a dynamic ramp walk, and impactful NSS presentations.

More than just a fest, Unnati was a celebration of creativity, culture, and community. It brought together voices, ideas, and talent, all echoing the spirit of progress and pride in our roots.



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Not me but you

